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Advancing Knowledge Transforming Healthcare

# PHARMACY SERVICES IN EUROPE: EVALUATING TRENDS AND VALUE REPORT

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# **TABLE OF CONTENTS**

| FOREWO   | RD  | 5  |
|----------|---|----|
| RESEAR   | CH TEAM & EXPERT PANEL                                | 6  |
| ACKNOW   | /LEDGEMENTS   | 7  |
| ACRONY   | MS AND ABBREVIATIONS                                  | 9  |
| EXECUTI  |   | 11 |
| 1. INTR  | ODUCTION  | 14 |
| 1.1. Rat | ionale  | 14 |
| 1.2. Bad | ckground  | 17 |
| 1.3. Res | search Questions                                      | 18 |
| 2. BRIE  | F METHODS   | 19 |
| 2.1. Pai | t 1 – Pharmacy Services                               | 19 |
| 2.1.1.   | Mapping of current pharmacy services provided         | 19 |
| 2.1.2.   | Evidence on pharmacy services                         | 20 |
| 2.2. Pai | t 2 – Pharmacy interventions on COVID-19              | 22 |
| 2.2.1.   | Mapping of current pharmacy interventions on COVID-19 | 22 |
| 2.2.2.   | Evidence on pharmacy interventions on COVID-19        | 23 |
| 3. RESUI | TS - EVIDENCE AND TRENDS                              | 25 |
| 3.1. Pai | t 1 – Pharmacy Services                               | 25 |
| 3.1.1.   | Mapping of current pharmacy services provided         | 25 |
| 3.1.2.   | Evidence on pharmacy services                         | 37 |
| 3.2. Pai | t 2 – Pharmacy interventions on COVID-19              | 58 |
| 3.2.1.   | Mapping of current pharmacy interventions on COVID-19 | 58 |
| 3.2.2.   | Evidence on pharmacy interventions on COVID-19        | 64 |



| 4. DISC   | CUSSION   | 69                    |
|---|---|-----------------------|
| 4.1.1.  | Pharmacy services   | <b>69</b><br>69<br>72 |
| 4.2.1.  | Strengths   | <b>74</b><br>74<br>75 |
| 4.3. I  | mplications for research  | 77                    |
| 4.4. I  | mplications for policy and practice   | 78                    |
| 4.5. F  | inal remarks  | 79                    |
| 5. REFI   | ERENCES   | 80                    |
| 4.1.Summary of key findings644.1.1.Pharmacy services694.1.2.Pharmacy interventions on COVID-19724.2.Strengths and limitations744.2.1.Strengths744.2.2.Limitations754.3.Implications for research774.4.Implications for policy and practice784.5.Final remarks795.REFERENCES80APPENDICES97Appendix 1 - Country Survey Part 1: Pharmacy Services98Appendix 2 - Glossary of Pharmacy Services101 |   |                       |
| 4.1. Summary of key findings64.1.1. Pharmacy services64.1.2. Pharmacy interventions on COVID-1974.2. Strengths and limitations74.2.1. Strengths74.2.2. Limitations74.3. Implications for research74.4. Implications for policy and practice75. REFERENCES8APPENDICES9Appendix 1 - Country Survey Part 1: Pharmacy Services9Appendix 2 - Glossary of Pharmacy Services10                       |   | 98                    |
| Appendi   | 4.1.Summary of key findings694.1.1.Pharmacy services694.1.2.Pharmacy interventions on COVID-19724.2.Strengths and limitations744.2.1.Strengths744.2.2.Limitations754.3.Implications for research774.4.Implications for policy and practice784.5.Final remarks795.REFERENCES80APPENDICES97Appendix 1 – Country Survey Part 1: Pharmacy Services98Appendix 2 – Glossary of Pharmacy Services101 |                       |
| Appendi   | x 3 – Search strategy   | 104                   |
| Appendi   | x 4 – Country Survey Part 2: Pharmacy Interventions on COVID-19   | 105                   |



# FOREWORD

This report is independent research commissioned by the Pharmaceutical Group of the European Union (PGEU) and prepared by a Research Team from Portugal led by the Institute for Evidence-Based Health (ISBE), assisted by an Expert Panel of Researchers from Italy and UK.

ISBE is a private independent non-profit research umbrella organization that bridges Researchers, Academia, Private Partners and Patients' Representatives, and is dedicated to the purpose of synthesizing, generating, disseminating, and translating the most relevant and high-quality scientific knowledge in health into practice.

The Pharmaceutical Group of the European Union (PGEU) is the association representing Europe's community pharmacists. PGEU members are the national associations and professional bodies of community pharmacists in 32 European countries, including EU Member States, EU candidate countries and EFTA members, representing more than 160,000 community pharmacies.

PGEU leadership and staff members were consulted to understand the context of the issue under study and collaborated on the development of the research questions and focus of this report, glossary of services and country data collection.



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| Austria           | Österreichische Apothekerkammer   |
|-------------------|---|
| Austria           | Österreichischer Apothekerverband   |
| Belgium           | A.P.B - Association Pharmaceutique Belge/Algemene<br>Pharmaceutische Bond |
| Belgium           | Orde der Apothekers – Ordre des Pharmaciens                               |
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| Croatia           | Hrvatska Ljekarnička Komora   |
| Croatia           | Hrvatsko Farmaceutsko Društvo   |
| Cyprus            | Παγκύπριος Φαρμακευτικός Σύλλογος (ΠΦΣ)                                   |
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| Greece            | Πανελλήνιος Φαρμακευτικός Σύλλογος  |
| Hungary           | Magyar Gyógyszerész Kamara  |
| Ireland           | Irish Pharmacy Union  |
| Italy             | Federazione Ordini Farmacisti Italiani (FOFI)                             |
| Italy             | Federfarma  |
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| Malta             | Kamra ta`l-Ispiżjara ta` Malta  |
| Netherlands       | KNMP - Koninklijke Nederlandse Maatschappij ter bevordering der Pharmacie |



| North<br>Macedonia | Фармацевтска комора на Македонија                             |
|--------------------|---|
| Norway             | NAF – Apotekforeningen  |
| Poland             | Naczelna Izba Aptekarska                                      |
| Portugal           | Associação Nacional das Farmácias                             |
| Portugal           | Ordem dos Farmacêuticos                                       |
| Romania            | Colegiul Farmacistilor din Romania                            |
| Serbia             | Farmaceutska komora Srbije                                    |
| Serbia             | Savez farmaceutskih udruženja Srbije                          |
| Slovakia           | Slovenská Lekárnická Komora                                   |
| Slovenia           | Lekarniška Zbornica Slovenije                                 |
| Spain              | Consejo General de Colegios Oficiales de Farmaceuticos España |
| Sweden             | Sveriges Apoteksförening                                      |
| Turkey             | Türk Eczacıları Birliği                                       |
| United<br>Kingdom  | National Pharmacy Association                                 |
| United<br>Kingdom  | Pharmaceutical Society of Northern Ireland                    |
| United<br>Kingdom  | Royal Pharmaceutical Society                                  |

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# **ACRONYMS AND ABBREVIATIONS**

AT – Austria BE – Belgium BG - Bulgaria CBA – Controlled Before After study CCA - Corrected Covered Area CDSR - Cochrane Database of Systematic Reviews CEDIME – Centre for Medicines Information and Health Interventions CEFAR - Centre for Health Evaluation & Research CHD – coronary heart disease COPD - Chronic Obstructive Pulmonary Disease COVID - Corona Virus Disease CP – Community Pharmacy CRD - Centre for Reviews and Dissemination CS – Cross-Sectional study CY – Cyprus CZ – Czech Republic DARE - Database of Abstracts of Reviews of Effects DE – Germany DK – Denmark EE - Economic Evaluation study EE – Estonia EL- Greece EPOC - Cochrane Effective Practice and Organisation of Care ES – Spain FI - Finland FIP - International Pharmaceutical Federation FR - France **GP** – General Practitioner Hep – Hepatitis HF – Heart Failure HIV – Human Immunodeficiency Virus HR – Croatia HTA – Health Technology Assessment HU – Hungary IE – Ireland ISBE - Institute for Evidence-Based Health IT – Information Technology IT – Italy LU – Luxembourg LV – Latvia



- MI Myocardial Infarction
- Mix Mixed or unclear direction of findings
- MK North Macedonia
- MT Malta
- NA Not Available
- Neg Negative direction of findings
- NHS EED National Health Service Economic Evaluation Database
- NL The Netherlands
- NO Norway
- NOAC Novel Oral Anticoagulants
- NR Not Reported
- NRCT Nonrandomized Controlled Trial
- OBS Observation
- OTC Over-The-Counter
- PGEU Pharmaceutical Group of the European Union
- PL Poland
- Pos Positive direction of findings
- PPE Personal Protective Equipment
- PT Portugal
- RCT Randomized Controlled Trial
- RM Repeated Measures study
- RO Romania
- RS Serbia
- SE Sweden
- SI Slovenia
- SK Slovakia
- SR Systematic Review
- TR Turkey
- UK United Kingdom
- UTI Urinary Tract Infection
- WHO World Health Organization
- WPC World Pharmacy Council
- XK Kosovo



# **EXECUTIVE SUMMARY**

This research is, to our best knowledge, the first using a comprehensive mixed methods approach combining mapping of current practices of pharmacy services including interventions on COVID-19 in 32 countries in Europe with review of published evidence, hence providing a near accurate portrayal of current practices, trends and evidence of pharmacy services in Europe.

We mapped current practices on 38 pharmacy services and 30 pharmacy interventions on COVID-19 in 32 countries in Europe. We also reviewed the evidence on pharmacy services targetting more than 25 health conditions stemming from 38 systematic reviews comprising 149 primary studies. These studies were conducted in community pharmacies across Europe.

The country mapping portrays numerous and diverse pharmacy services provided in Europe. This is far beyond the dispensing roles and some services are already reimbursed in some countries. This also acknowledges the roles of pharmacies in health promotion, screening, disease, as well as in case management.

Such services reflect priorities given to efficiency (generic substitution), safety (pharmacovigilance), pharmacy expertise in preparing individualized or short expiry therapy (galenic formulation), access to medicines during out-of-hours (night services), access to chronic medication (repeat dispensing and high-cost therapy dispensing and management), ensuring safety (emergency supply, urgent supply, refusal to dispense for safety reasons), adherence (dose administration aid, instruction on the use of devices, supervised consumption of medicines, first time dispensing intervention), integrated care pathways with primary care, health promotion activities (pharmacist-delivered vaccination, smoking cessation), chronic disease management, screening and referral (screening individuals at-risk, common and minor ailment management).

The findings on current practices are aligned with recommendations described in policy papers on integrated models of primary care, patient centered, and with more economic incentives that pursue expanded roles of pharmacy services.

11



There is substantial evidence on pharmacy services in systematic reviews covered in this research. However, this is not without methodological challenges. This is typical of complex health interventions which operate at different levels (health systems, pharmacy settings, pharmacists, and patients) but there is room for improvement.

Positive evidence of pharmacy services stemming from systematic reviews is fairly established for screening and referral (cardiovascular risk, diabetes, asthma and COPD, depression, osteoporosis, cancers). Also, it is well established for chronic disease management (e.g. cardiovascular risk, hypertension, diabetes, lipid, asthma), medication review or medication management, smoking cessation, and therapeutic adherence support.

The findings of this overview are consistent with reported results and issues described in the other overviews of systematic reviews. In addition, these other overviews have also showed positive evidence for pharmacist-delivered flu vaccination and for pharmacists' delivered needle exchange services.

These findings are also aligned with recommendations of pursuing expanded roles and adequate remuneration of pharmacy services described in other overviews.

The European country reports portray a wide array of pharmacy interventions on COVID-19 implemented in most pharmacies. This was done in several countries within a very short time frame and reflects the highly reactive and adaptative character of pharmacies in response to the pandemic outbreak.

All 30 mapped pharmacy interventions and measures on COVID-19 have been provided throughout Europe although some more extensively than the others.

Almost all preventive measures to reduce health risks of COVID-19 (patient information, protocols for disinfection of surfaces, use of disposable masks, floor marking, and barrier at counters) have been provided in most countries.

Other frequent interventions reflected the pharmacies preparedness for stockpiling and increased demand for services and products (stock and supply of medicines,



hand sanitizers and masks), and important patient care interventions exceeding pharmacist's traditional dispensing role (symptom-based referral pathways for suspected cases, increased demand to home delivery of medicines, pharmacy telephone support to vulnerable patients during isolation and dealing with the new vulnerable patients).

Expanded powers granted to pharmacies and legislation passed in view of COVID-19 allowed pharmacies to provide services to improve access to medication and relevant products, patient screening and referral, and support to vulnerable patients.

Emergency temporary closures of pharmacies also occurred in several countries.

Research on pharmacy interventions on COVID-19 is still in its infancy stage. However, the literature has confirmed the wide array of interventions provided and expanded powers granted to pharmacies to combat COVID-19.

Pharmacy associations played an important supporting role to pharmacists by developing and updating guidance and emergency plans to assist community pharmacists.

We hope these findings may assist in improving the design, implementation, and research on pharmacy services, and in raising relevant policy questions. This could drive value-based health care that make the best use of community pharmacies.



#### **1. INTRODUCTION**

#### **1.1. Rationale**

Community pharmacy is more overt in portraying the marriage of profession and business than most other professions. Community pharmacy exhibits all the six characteristics of a profession – provides high skilled pharmacists based on theoretical knowledge; ensures training and learning; tests the competence of pharmacists; possesses organizational structure; requires adherence to a code of conduct; and encourages altruistic service. But community pharmacy is also a trading profession, as it operates to a large extent in the public eye, in the high-street, by purchasing (and pre-financing), stocking, and supplying medicines with highly qualified healthcare professionals [1].

Medication supply is the most important role of community pharmacies as it ensures safe, timely and equitable access to medicines through a trusted and reliable network and high skilled pharmacists subject to regulations, ethics, and standards of practice in all countries around the globe.

Moreover, community pharmacists have been pursuing additional complementary roles over the last 50 years. Several policy papers have also acknowledged, in recent years, the need to expand the role of community pharmacists to support healthcare systems. There are multiple reasons for this: this may be in response to inadequacies of primary health care services in health systems; pressures and budget constraints require a more effective use of health care capacities with a relevant outreach in the community; new public health challenges require a better use of health care resources.

The Joint FIP/WHO Guidelines published in 2011 already identified the mission of pharmacy practice as to contribute to health improvement and to help patients with health problems to make the best use of their medicines. These guidelines identify 6 components to this mission: 1) being readily available to patients with or without an appointment; 2) identifying and managing or triaging health-related problems; 3) health promotion; 4) assuring effectiveness of medicines; 5)

14



preventing harm from medicines; and 6) making responsible use of limited healthcare resources [2].

Mossialos and colleagues published a landmark policy paper in 2015 that reviewed strategies to expand the role of community pharmacists in 6 countries, 3 of them in England, the Netherlands and Scotland, and recommends that future policies should focus on integrating community pharmacists into primary care, developing a shared vision for different levels of services, and devising new incentive mechanisms for improving quality and outcomes [3].

The 2019 Report from the WHO Regional Office for Europe acknowledges that the community pharmacists are the most accessible health professionals to the public and are a cornerstone of primary health care. This report also outlines that the role of community pharmacists is expanding globally. It emphasizes the population should benefit from the full potential of community pharmacies by defining roles and services aligned with healthcare needs of the community, as well as by ensuring effective remuneration for these activities [4].

The 2019 Report from OECD and the European Commission already acknowledges that the role of the community pharmacist has changed over recent years. Although their main role is to dispense medications, pharmacists are increasingly providing direct care to patients, both in community pharmacies and as part of integrated health care provider teams [5].

More recently, the 2020 Report from the OECD on primary health care recognized that even before the COVID-19 pandemic, health systems in OECD countries faced significant challenges and that in a complex context, primary health care plays a key role for health systems to deliver more and better services. The report identifies pharmacists as primary care providers in its definition of primary health care and outlines there is ample scope for further developing the role of pharmacists and develop more effective collaboration with general practitioners and other health services. The report goes further in pointing out process changes that are key to improve care: better use of digital technology, and ability to link



datasets across primary care and other part of the health systems; payment instruments linked to outcomes or desired activities; better measurement of the inputs, outputs and outcomes of the primary health care sector; patient access and interaction to their health records and accreditation of providers. The report highlights these messages are as important as ever in the light of the COVID-19 pandemic which has, in many cases, accelerated the implementation of promising innovations in primary health care to achieve a system-wide transformation of care, such as expanding the role of pharmacists. Promoting the continuity of these practices and their wider adoption as health systems move into the pandemic recovery phase is critical for making health systems more resilient to health crisis [6].

Finally, the PGEU Position Paper on a vision for Community Pharmacy in Europe for 2030 [7] outlines 10 key recommendations aligned with previous policy papers:

- Maximise the benefits of the community pharmacist's intervention for patients and healthcare systems by promoting pharmaceutical services to improve treatment outcomes, and adherence and to minimise risks.
- 2. Involve community pharmacists in collaborative care models.
- 3. Grant community pharmacists access to all relevant patients' health information and the list of medications they are taking.
- 4. Consult pharmacists on the integration of new digital solutions in healthcare.
- 5. Allow pharmacists to help progress the digitalisation of healthcare as trusted sources for health information.
- 6. Support pharmacists in integrating pharmacogenomics, validated clinical rules and real-world data in their daily practice to improve patient safety.
- Support community pharmacists in offering health screening, medicines management, health promotion and education to help reduce the overall burden of chronic diseases.



- Establish regulatory frameworks to maximise the value of the highly accessible community pharmacies network to the communities they serve.
- 9. Ensure that community pharmacists can provide patients with the full range of medicines and medical devices they need.
- 10. Ensure that remuneration for community pharmacists properly reflects their contribution to improving pharmaceutical care, reducing the burden on other health services, and supporting the sustainability of health systems.

# **1.2. Background**

There is a need to bring healthcare closer to primary, community and self-care [8]. This requires policies able to face the next public health challenges which, in turn, require health governance aligned with rational evidence-based decisions and multidisciplinary healthcare planning and delivery that truly apply the Kaiser pyramid care model.

The Kaiser pyramid care model illustrates that the population is stratified based on the complexity of their disease condition, for purposes of healthcare management at the community setting (self-care; disease management; and case management). This is done by using the most effective and least expensive resources by multi-professional teams in a non-integrated setting [9].

Pharmacy-based public health interventions can be defined as complex health interventions, in health promotion, disease prevention, and disease/medication management. This is provided by pharmacists to patients in the community pharmacy setting, with the aim of preventing disease, promoting health (and quality-of-life), and prolonging life, which are beyond, but not necessarily excluding, the medication supply role [10].

There is evidence of improvements in health outcomes of certain public health interventions provided by community pharmacists in appropriate collaborative



environments with physicians, however this is not without methodological challenges.

In the context of limited and scarce resources, it may be relevant to invest in public health interventions that make use of the walk-in access of pharmacies, equitable geographical distribution, high frequency of patient interactions, patients' trust, long opening hours and high skilled pharmacist workforce. This is in the context that they contribute to optimize the medicines benefits (compliance, safety, and effectiveness) and improve health outcomes at acceptable costs.

We will use interchangeably the terms pharmacy-based public health interventions and pharmacy services in this report, since the term "pharmacy services" is more frequently used by researchers in pharmacy practice and the term "public health interventions" is used more frequently in the context of health technology assessment and economic evaluation [10].

The aim of this research was to evaluate and synthesize state-of-the-art evidence, current practice, and trends in community pharmacy-based services in Europe.

# **1.3. Research Questions**

This report attempts to answer the following research questions:

- 1. What is the current practice and trends in pharmacy-based public health interventions provided in community pharmacies in Europe, including recent interventions on COVID-19?
- 2. What is the recent evidence based on the health and economic benefits of community pharmacy patient care interventions, including recent interventions on COVID-19?
- 3. What are the characteristics of these studies (e.g. country, population, intervention, outcomes, study design) and direction of findings reported?
- 4. What are the gaps in research evidence for community pharmacy-based public health interventions?



# 2. BRIEF METHODS

# 2.1. Part 1 – Pharmacy Services

# 2.1.1. Mapping of current pharmacy services provided

We mapped 38 pharmacy services beyond the medication supply core role using insights from the literature and our own experience. We then, further validated this with PGEU.

These services were organized and hierarchized under the following categories adapted from the Kaiser pyramid care model according to which the population is stratified based on the complexity of their disease condition, for purposes of healthcare management at the community setting using the most effective and least expensive resources [9]:

- Dispensing related services to promote access to medicines.
- Health promotion and disease prevention services.
- Screening and referral services.
- Disease management services.
- Individual case management services.

We then added data collection on the effectiveness of new medicines, acknowledging pharmacies' role in real-world health technology assessment.

We defined key parameters to collect for each pharmacy service previously mapped and ranked.

This was the basis for the survey design for mapping country practices on pharmacy services. A glossary was included to assist in replies whilst ensuring some degree of standardization in concepts.

We pretested with PGEU, refined, and then performed the final version of country survey on current practices and trends in community pharmacy services. Replies were filled primarily by PGEU staff, based on available data, and further validated by each PGEU Member Association.



A template adapted from the survey was developed to assist in data extraction. Data was extracted by one researcher (MM) with assistance of an external researcher and reviewed by two researchers (MRH, SC).

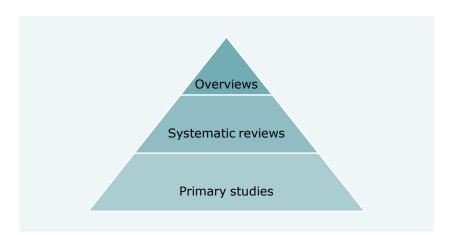
See list of 38 mapped pharmacy services, **Appendix 1** – Country Survey Part 1: Pharmacy Services.

See glossary explaining these services and containing frequent synonyms used, **Appendix 2** – Glossary of Pharmacy Services.

#### 2.1.2. Evidence on pharmacy services

We used a 3-level hierarchy of evidence comprising: overviews (or umbrella reviews) of systematic reviews; systematic reviews of primary studies; primary studies included in systematic reviews.

Box 1 depicts the hierarchical evidence of studies used in this research.



Box. 1. Hierarchical evidence of studies used

We performed a comprehensive review of overviews and of systematic reviews (reviews of primary studies) published between 2013 and August 2020. Reviews were included if they met the following criteria: 1) Systematic reviews, systematic reviews with meta-analysis, meta-analysis, or overview of systematic reviews; 2) Containing at least one study conducted in one European country; 3) Containing at least one community pharmacy or community pharmacist-based or led study



(not provided in hospital setting, clinic nor ambulatory care); 4) Focusing on patient-care interventions, services, programs, or management; 5) Reporting data on effectiveness, impact (e.g. on patient-reported outcomes and process measures), cost, cost and outcomes, cost-effectiveness, cost-utility, or cost-benefit; 6) Published as full research article.

A comprehensive search was performed by one researcher (MR) in the following databases: MEDLINE<sup>®</sup> (via Pubmed<sup>®</sup>); Cochrane Database of Systematic Reviews (CDSR); Database of Abstracts of Reviews of Effects (DARE), NHS Economic Evaluation Database (NHS EED), and HTA, via the CRD database. This search was complemented with scanning reference lists of more recent overviews. A further search was performed in Google<sup>®</sup> Scholar for recent reviews.

See search strategy, **Appendix 3** – Search strategy.

Screening of titles, abstracts and full papers was performed by one researcher (MR). Full papers were reviewed by Principal Investigator (SC). Disagreements were resolved through discussion.

A template adapted from the data extraction form was used in when a recent overview was developed and prepiloted to assist in data extraction. Data was extracted by two researchers (MR, ATR) with assistance of an external researcher and reviewed by Principal Investigator (SC).

The list of references of primary studies included in the systematic reviews was also recorded in this extraction form. We extracted data of primary studies meeting inclusion criteria provided data were reported in the systematic review, in accordance with guidelines for overviews.

Since primary studies are often included in more than one review, the degree of overlap was determined using the corrected covered area (CCA) method of Pieper et al. A CCA value lower than 5% is considered a slight overlap [11].

We assessed the overall quality of evidence: 1) for deriving effectiveness of included primary studies assisted by the Cochrane Effective Practice and

21



Organisation of Care (EPOC) guidelines "What study designs should be included in an EPOC review" [12]; 2) the heterogeneity of populations, interventions, outcomes, and setting, as described by Mossialos *et al* [13] and recommended by CRD for systematic reviews of public health interventions [14].

Quality assessment of included primary studies in terms of study design was first assessed based on reported information in systematic reviews and then confirmed through abstract reviews of primary studies. Quality assessment was performed by one researcher (MR) and reviewed by another (SC).

A narrative synthesis was performed. We first reported key findings of overviews and then results of systematic reviews. For systematic reviews, whenever results described countries outside Europe and/or multiple settings, we limited synthesis to the subset in community pharmacy in Europe.

# **2.2.** Part 2 – Pharmacy interventions on COVID-19

# 2.2.1. Mapping of current pharmacy interventions on COVID-19

We mapped 30 pharmacy interventions on COVID-19 and further organized them under categories which correspond to the steps in response to public health emergencies. This was based on Cadogan and colleagues [15] who followed on earlier work of Watson [16] and FIP [17], and using insights from our experience:

- Prevention: measures to reduce health risks of COVID-19 pandemic.
- Preparedness: measures to ensure timely and effectively responses from the health care system.
- Response: immediate actions in response to COVID-19 pandemic.
- Recovery: measures to return to "normal" activities post-pandemic.

We also added data collection on: expanded powers granted to pharmacies; and new pharmacy services initiated.

Besides pharmacy measures and interventions on COVID-19 we were interested in understanding the economic and social impact on pharmacies by adding two



further questions on emerging temporary closures of pharmacies and deaths of pharmacy staff due to COVID-19.

We then defined key parameters to collect for each intervention previously mapped and classified.

This was the basis for the survey design for mapping country practices on COVID-19.

We pretested with PGEU, refined, and then performed the final version of country survey on current practices and trends in pharmacy interventions on COVID-19. Replies were filled primarily by PGEU staff, based on available data. This was further validated by each PGEU Member Association.

A template adapted from the survey was developed to assist in data extraction. Data was extracted by one researcher (MM) with assistance of an external researcher and reviewed by two researchers (MRH, SC).

See list of 30 pharmacy interventions on COVID-19, **Appendix 4** – Country Survey Part 2: Pharmacy Interventions on COVID-19.

#### **2.2.2.** Evidence on pharmacy interventions on COVID-19

We performed a second review of primary studies published until August 2020. Studies were included if they met the following criteria: 1) Study conducted in a European country; 2) Study reporting on community pharmacy (not hospital setting, clinic nor ambulatory care); 3) Focusing on pharmacy interventions on COVID-19; 4) Full research articles, protocols, poster abstracts, conference abstracts.

A search was performed in MEDLINE<sup>®</sup> (via Pubmed) by one researcher (MR). A further search was performed in Google<sup>®</sup> Scholar for recent studies.

Screening of titles, abstracts and full research articles was performed by one researcher (MM). Full research articles were reviewed by another researcher (SC). Disagreements were resolved through discussion.



A template adapted from the country survey was developed and prepiloted to assist in extraction. Data was extracted by one researcher (MM) and reviewed by another (SC).

We did not assess the overall quality of evidence as we have not restricted search to papers describing pharmacy interventions on COVID-19 but rather adopted a more inclusive perspective (e.g. perspectives on the role of pharmacy in COVID-19). However, we identified the design of each study.

A narrative synthesis was performed.



# **3. RESULTS - EVIDENCE AND TRENDS**

#### 3.1. Part 1 – Pharmacy Services

#### 3.1.1. Mapping of current pharmacy services provided

We have received replies to Country Survey Part 1: Pharmacy Services from 32 PGEU member countries.

The top 7 most frequent pharmacy services provided in most pharmacies within the country under contract, agreement, legislation, or regulation were mostly dispensing related. This includes: generic substitution (27 countries); pharmacovigilance for medicines under additional monitoring (27 countries); galenic formulation (24 countries); repeat dispensing for chronic long-term medications (22 countries); handling and disposal of expired or unwanted medicines (20 countries); night services (19 countries); and high-cost therapy dispensing and management such as for oncology, HIV, rheumatoid arthritis, multiple sclerosis (18 countries). Some of these services were reimbursed by the government or health care payer in some (but not all) countries outside the standard pharmacy dispensing remuneration. These include: galenic formulation; repeat dispensing for chronic medications; high-cost therapy dispensing and management; night services. A few countries remunerate generic substitution.

The next tier of the 5 most frequent pharmacy services provided in most pharmacies within the country under contract, agreement, legislation, or regulation were also dispensing related (with one exception of medication review): emergency supply of prescription-only medicines without prescription such as adrenalin or salbutamol (12 countries); medication review (11 countries); urgent supply of prescription only-medicines without prescription (10 countries); refusal to dispense due to safety reasons (10 countries); and home delivery (10 countries). Medication review – the only service in this set beyond the dispensing role - is already reimbursed by the government or health care payer outside the standard pharmacy dispensing remuneration in 7 out of 11 countries providing this

25



service in most pharmacies. Home delivery is also reimbursed in 4 countries with a relevant regulatory upgrade in Germany due to the COVID-19 pandemic.

The third tier of the 8 most frequent pharmacy services provided in most pharmacies within the country under contract, agreement, legislation, or regulation embraces a very different and wide spectrum which goes far beyond the dispensing role. This includes: dose administration aid (8 countries); instruction on the use of therapeutic or self-monitoring devices (8 countries); needle/syringe exchange (8 countries); pharmacist-delivered vaccination (7 countries); directly observed treatment / supervised consumption of medicines (7 countries); first time dispensing intervention (5 countries); therapeutic adherence support (5 countries). This is a very different set of services and all are already reimbursed by the government or health care payer outside the standard pharmacy dispensing remuneration although in some (but not all) countries.

The last tier of pharmacy services provided in most pharmacies within the country under contract, agreement, legislation, or regulation includes: smoking cessation (4 countries); chronic disease management (3 countries); therapeutic substitution (3 countries); health education (3 countries); teleconsultations by pharmacists (3 countries); common / minor ailment management schemes (2 countries); screening at-risk individuals (2 countries); home or nursing home medication review (2 countries); medication reconciliation (2 countries); scheduling visits / exams, delivery of reports (2 countries); weight management (2 countries). Smoking cessation, chronic disease management, common/minor ailment management, home or nursing home medication review and weight management are reimbursed by the government or health care payer outside the standard pharmacy dispensing remuneration in at least one country.

Table 1 provides an overview of current pharmacy services provided in Europe.

Table 2 provides an overview per country.

26



#### Table 1. Current pharmacy services provided in Europe

|     | Pharmacy Services   | Provided in<br>most<br>pharmacies<br>under contract,<br>agreement,<br>regulation                        | Provided in<br>some<br>pharmacies<br>as a pilot | Remunerated<br>by Govn /<br>Health Payer  | Provided<br>individually by<br>some pharmacies   | Regulatory<br>limitations         | Observations   |
|-----|---|---|---|---|--|-----------------------------------|--|
| DIS | PENSING RELATED SERVICE   | S   |   |   |  |                                   |  |
| 1   | Night services  | 19 countries:<br>AT; BE; HR; FR;<br>IT; NL; MK; CZ;<br>XK; LU; PT; ES;<br>UK; EL; SK; TR;<br>DE; CY; HU |   | 13 countries:<br>BE; HR; FR;<br>IT; NL; LU;<br>SI; ES; UK;<br>DE; CY; MT;<br>CZ | 16 countries:<br>BG; DK; NO; FI;<br>XK; PL; PT; RO; SI;<br>SE; ES; UK; RS;<br>EE; LV; MT | 2 countries:<br>PL; SK            | <b>DK; PL</b> - service paid for by patients. <b>AT</b> - This legally obliged service is not paid for by the public, on-call services cost pharmacies around 35 Mio. Euro; <b>BE</b> - fixed fee per night (65€) + supplementary fee (5.42€) per reimbursed delivery; patient does not pay a special fee if he has a prescription. The concept of urgency no longer exists. <b>BG</b> - All pharmacies are free to validate their work time. <b>PT</b> - Optional fee of 2.50€ per package paid for by patients when the prescription is not prescribed in the same day or the day before; night shift starts after 10pm. <b>IT</b> - Recently the payment for this service (at patient or NHS charge) has been updated. <b>NO</b> - The pharmacy may charge a fee on the purchase, which is paid for by the customer. <b>PL</b> - There is a maximum amount charged for night dispensing, pharmacists adds this to patient's drug bill. <b>SI</b> - The fee is set flat for each pharmacy and is paid monthly. <b>CZ</b> - Yes (from 2020), 10 mil. Kč fund is divided between these pharmacies (1815€/month/phamacy). <b>SK</b> - Self-governing region pursuant legislation, in cooperation with the Slovak Chamber of Pharmacists, organizes the provision of emergency pharmaceutical services; the emergency pharmacy service is served from 16:00 to 22:00 during working days and 8:00 - 22:00 during weekends and non-working days. Upon agreement, LPS can also be used until 20:00. <b>EE</b> - in some cases remunerated. <b>DE</b> - remunerated by NNF: A share of the price of each POM package dispensed in pharmacies goes to the night-time and emergency services fund (NNF); currently 0.21 € / package. Fee calculated quarterly. <b>MT</b> - paid for by patients and Health Insurance Funds. |
| 2   | Emergency supply of<br>prescription-only medicines<br>without prescription (e.g.<br>adrenaline, salbutamol) | 12 countries:<br>AT; DK; FR; IT;<br>NO; IE; XK; PL;<br>RO; UK; CY; MT                                   |   | 1 country:<br>MT  | 2 countries:<br>BE, PT   | 4 countries:<br>FI; IE; TR;<br>PT | ${\bf NO}$ - The pharmacy may charge a fee. ${\bf UK}$ - paid for by patients. ${\bf MT}$ - paid for by patients and Health Insurance Funds. ${\bf PT}$ - No fee-for-service. Pharmacy is entitled to the margin fixed by medicines' pricing.  |
| 3   | Urgent supply of<br>prescription-only medicines<br>without prescription (e.g.<br>patient on holiday)        | 11 countries:<br>AT; DK; IT; NL;<br>IE; XK; PL; RO;<br>UK; CY; PT                                       |   | 1 country:<br>UK  | 1 country:<br>BE   | 2 countries:<br>FI; IE            | ${\bf NO}$ - Prescriptions are electronic and accessible for all Norwegian pharmacies. This service not needed.  |



|   | Pharmacy Services                                    | Provided in<br>most<br>pharmacies<br>under contract,<br>agreement,<br>regulation  | Provided in<br>some<br>pharmacies<br>as a pilot | Remunerated<br>by Govn /<br>Health Payer                             | Provided<br>individually by<br>some pharmacies  | Regulatory<br>limitations         | Observations  |
|---|--|---|---|--|---|-----------------------------------|---|
| 4 | Repeat dispensing (chronic<br>long-term medications) | 22 countries:<br>BE; BG; HR; DK;<br>FR; NL; NO; CZ;<br>FI; IE; XK; SI;<br>SE; ES; UK; EL;<br>SK; TR; RS; CY;<br>EE; MT                        |   | 11 countries:<br>BG; HR; FR;<br>CZ; IE; SI;<br>SE; ES; UK;<br>CY; EE | 2 countries:<br>RO; ES  | 3 countries:<br>DK; IE; SK        | IE - paid only if covered in a reimbursement scheme. $UK$ - remunerated by the health service. $ES$ - Co-payments by patients applies. Product margin. GPPs are voluntary remunerated by patient or Health Service. $CZ$ - remunerated by Health Insurance Companies as service fee. $DE$ - There is a new legislation in place that basically sets the framework for repeated dispensing. Details on implementation currently under discussion. $EE$ - paid for by patients and Health Insurance Fund. $SE$ - paid for by patients and Health Service.   |
| 5 | Generic Substitution                                 | 27 countries:<br>BE; DK; FR; IT;<br>NL; MK; NO; CZ;<br>FI; IE; XK; LU;<br>PL; PT; RO; SI;<br>SE; ES; UK; EL;<br>SK; TR; DE; RS;<br>CY; HU; MT |   | 5 countries:<br>FR; IT; IE; SE;<br>EL                                | 2 countries:<br>PT; LV  | 4 countries:<br>BE; IE; XK;<br>PT | IE - paid only if covered in a reimbursement scheme. $FR$ - Incentives to reach specific public health goals (ROSP – Rémunération sur objectifs de santé publique). $PT$ - As a mechanism to keep increasing generics market share and reduce the financial impact to pharmacies, the government introduced a financial incentive to pharmacies: 0.35C per pack dispensed (applied to the 4 cheapest medicines in each reference group – same INN, same strength, same pack size). This fee is linked to generated savings; It is up to the Portuguese Medicines Authority to keep an online updated list of the medicines. $IT$ - Pharmacy has an incentive to dispense the cheapest drug inside each transparency list. $SE$ - remuneration considered to be part of the dispensing fee. $EL$ - If the value of generic medicines should be paid to the pharmacy. |
| 6 | Refusal to dispense due to safety reasons            | 10 countries:<br>BE; FR; NL; NO;<br>FI; IE; SI; ES;<br>SK; RS   |   | 1 country:<br>FR   | 20 countries:<br>AT; BG; DK; IT;<br>MK; NO; CZ; XK;<br>LU; PL; PT; RO; UK;<br>EL; DE; CY; EE; HU;<br>LV; MT | 2 countries:<br>SI; SK            | <b>TR</b> - According to the regulation the pharmacists should get in touch with the doctor to clearify the safety reasons (dosage/medicine etc.)   |
| 7 | Home delivery  | 10 countries:<br>BE; DK; FR; IT;<br>NL; NO; SE; UK;<br>DE; MT   |   | 4 countries:<br>NL; UK; DE;<br>MT                                    | 19 countries:<br>AT; MK; NO; CZ;<br>FI; IE; XK; LU; PL;<br>RO; SI; SE; ES; SK;<br>TR; EE; HU; LV; PT        | 2 countries:<br>CZ; PT            | <b>DK; FI; PT; SE; EE; HU</b> - paid for by patients. <b>MT</b> - paid for by patients, health Service and Health Insurance Funds. <b>DE</b> - During the peak phase of the corona pandemic between Apr and Sept 2020, pharmacists received an expense of $5 \in +$ VAT for each medicine delivery. As of October 1, the remuneration will be reduced to $2.50 \in +$ VAT and is valid until 31 Dec 2020. Regulation: Ordinance on the Operation of Pharmacies (§ 17 (2)). EE - 1 of 521 pharmacies. <b>HU</b> - This service is provided voluntarily by pharmacies (5%).   |
| 8 | Other  | 5 countries:<br>AT; FR; NL; IE;<br>UK   |   | 2 countries:<br>NL; IE   |   |                                   | <b>NL</b> - Fee for pharmaceutical care like clinical rules implementation, measurement of kidney function with point-of-care testing, etc. (depending which contract the community pharmacist has with the health insurer. <b>IE</b> - Pharmacy receives consultation fee plus dispensing fee when Emergency Contraception Service (EHC) supplied to eligible patients. <b>UK</b> - EHC remunerated by local authorities   |



|     | Pharmacy Services  | Provided in<br>most<br>pharmacies<br>under contract,<br>agreement,<br>regulation                            | Provided in<br>some<br>pharmacies<br>as a pilot | Remunerated<br>by Govn /<br>Health Payer | Provided<br>individually by<br>some pharmacies   | Regulatory<br>limitations | Observations  |
|-----|--|---|---|--|--|---------------------------|---|
| HEA | LTH PROMOTION SERVICES                                       | 5   |   |  |  |                           |   |
| 9   | Handling and Disposal of<br>Expired or Unwanted<br>Medicines | 20 countries:<br>BE; HR; DK; FR;<br>NL; NO; CZ; FI;<br>LU; PT; RO; SE;<br>ES; UK; EL; SK;<br>RS; EE; HU; MT |   | 3 countries:<br>IE; SE; UK               | 9 countries:<br>AT; IT; IE; XK; PL;<br>PT; TR; DE; LV  | 1 country:<br>SK          | ${\bf IE}$ - Some health boards pay for the service, otherwise, pharmacies pay for the collection themselves. ${\bf MT}$ - paid for by patients   |
| 10  | Needle/Syringe Exchange                                      | 8 countries:<br>AT; HR; FR; NL;<br>PT; ES; SK; CY   | 1 country:<br>IE                                | 4 countries:<br>IE; PT; ES; UK           | 5 countries:<br>BE; DK; FI; PT; UK   | 1 country:<br>SK          | <b>PT</b> - Remunerated by the National Health Service: After a one-year evaluation of the programme by an independent entity (Faculty of Economics of University of Porto) and also by a consortium ANF CEFAR/Univ. Lisbon CEMBE, Portuguese pharmacies are (since 01/01/2017) remunerated by Portuguese Health Service, in 2.40 $\in$ for each kit dispensed.   |
| 11  | Pharmacy Travel Health                                       | 1 country:<br>NL  |   |  | 29 countries:<br>AT; BE; BG; HR;<br>DK; FR; IT; NL; MK;<br>NO; CZ; IE; LU; PL;<br>RO; SI; SE; ES; UK;<br>EL; SK; TR; DE; RS;<br>CY; HU; LV; MT; PT |                           |   |
| 12  | Pharmacist-delivered<br>vaccination (e.g. Flu)               | 7 countries:<br>DK; FR; NO; IE;<br>PT; UK; EL   | 2 countries:<br>LU; DE                          | 5 countries:<br>DK; FR; IE<br>UK; DE;    | 3 countries:<br>NO; PT; MT   | 1 country:<br>FI          | <b>PT</b> -paid for by patients; Flu vaccination in pharmacies as vaccination points of public NHS under an agreement with the Ministry of Health to further integrate them into the public National Health Service (NHS), the Directorate-General for Health convened a group of 39 community pharmacies to collaborate as vaccination points against influenza. The pilot took place in the municipality of Loures, in Lisbon, between 15th Oct and 31st Dec 2018. This pilot aimed at increasing the flu vaccination in people aged ≥65 years by improving access to the vaccination through pharmacies with no need for a vaccine prescription. The project was financed by ANF. <b>SK</b> - The Slovak Chamber of Pharmacists supports the introduction of influenza vaccination in pharmacies. NO - service paid for by patients. |
| 13  | Weight Management  | 2 countries:<br>IE; PT  |   | 1 country:<br>UK                         | 23 countries:<br>AT; BE; BG; HR; IT;<br>MK; FI; LU; PT; RO;<br>SI; SE; ES; UK; EL;<br>SK; TR; DE; RS;<br>EE; HU; LV; MT                            |                           | <b>PT -</b> paid by patients in some cases. <b>SE</b> - 80 SEK, paid by patients. <b>UK</b> - remunerated by CCG.   |



|     | Pharmacy Services  | Provided in<br>most<br>pharmacies<br>under contract,<br>agreement,<br>regulation   | Provided in<br>some<br>pharmacies<br>as a pilot  | Remunerated<br>by Govn /<br>Health Payer | Provided<br>individually by<br>some pharmacies   | Regulatory<br>limitations | Observations  |
|-----|--|--|--|--|--|---------------------------|---|
| 14  | Smoking Cessation  | 4 countries:<br>FR; IE; PT; UK   | 1 country:<br>NO                                 | 2 countries:<br>UK; DK                   | 23 countries:<br>AT; BE; BG; HR;<br>DK; IT; NL; MK;<br>CZ; FI; XK; PT; RO;<br>SI; SE; ES; EL; SK;<br>TR; DE; RS; EE; HU                            |                           | <b>DK</b> - paid for by patients or municipality. <b>FI</b> - In some cases paid for by patients. <b>CZ</b> - remunerated by Health Insurance Companies as fee. <b>SE</b> - paid for by patients. <b>UK</b> - commissioned and remunerated locally  |
| 15  | Health education   | 4 countries:<br>HR; FR; IE; PT   |  | 1 country:<br>FR                         | 29 countries:<br>AT; BE; BG; DK; IT;<br>NL; MK; NO; CZ;<br>FI; XK; LU; PL; PT;<br>RO; SI; SE; ES; UK;<br>EL; SK; TR; DE; RS;<br>CY; EE; HU; LV; MT |                           | FR - remunerated by the Regional Health Agency  |
| 16  | Other  |  | 1 country:<br>IE                                 |  |  |                           |   |
| SCR | EENING AND REFERRAL SER  | VICES  |  |  |  |                           |   |
| 17  | Common Ailment<br>Management Schemes (e.g<br>Strep-A, UTI / Cystitis)  | 2 countries:<br>FR; UK   | 1 country:<br>RS                                 | 1 countrry: UK                           | 5 countries:<br>SE; ES; SK; RS; PT   |                           | SE - Allergy check up – 450 SEK (patient); Birth mark control (300 - 350 SEK).  |
| 18  | Screening individuals at-risk<br>not on medication (e.g. for<br>diabetes, hypertension, lipid<br>disorder, HIV, Hep B, Hep<br>C, colon cancer) | 2 countries:<br>PT; ES   | 7 countries:<br>BE; FR; IT;<br>IE; PL; PT;<br>RS | 2 countries:<br>FR; IT                   | 26 countries:<br>AT; BG; HR; DK;<br>FR; IT; NL; NO; CZ;<br>IE; XK; LU; PL; PT;<br>SI; SE; ES; UK; EL;<br>SK; TR; DE; EE;<br>HU; LV; MT             |                           | <b>FR</b> - by the Regional Health Agency, in case of regional screening campaigns involving pharmacists. <b>IT</b> – The colo-rectal screening service (18% of pharmacies). is remunerated by the Health Service. Other screening services such as for diabetes are remunerated by patients. <b>SE</b> - paid for by patients - Diabetes 125 SEK, Hypertension 60 – 80 SEK (discount for "club members"), Spirometry 80 SEK. <b>UK</b> - In some cases paid for by patients. |
| 19  | Predictive medicine (e.g.<br>genetic risk)   |  | 1 country:<br>NL                                 |  |  |                           |   |
| 20  | Pharmacovigilance for<br>medicines under additional<br>monitoring (e.g. screening<br>questions for black triangle<br>medicines)                | 27 countries:<br>BE; DK;FR; IT;<br>NL; MK; NO; CZ;<br>FI; IE; XK; LU;<br>PL; PT; RO; SI;<br>ES; UK; EL; SK;<br>TR; DE; RS; EE;<br>HU; LV; MT |  |  | 1 country:<br>XK   |                           |   |
| 21  | Scheduling visits / exams, delivery of reports   | 2 countries:ES;<br>IT  | 2 countries:<br>SK; RS                           |  | 5 countries:<br>CZ; IE; ES; SK; RS   |                           | CZ - In some cases, paid for by patients.   |



|     | Pharmacy Services   | Provided in<br>most<br>pharmacies<br>under contract,<br>agreement,<br>regulation | Provided in<br>some<br>pharmacies<br>as a pilot  | Remunerated<br>by Govn /<br>Health Payer  | Provided<br>individually by<br>some pharmacies   | Regulatory<br>limitations | Observations   |
|-----|---|--|--|---|--|---------------------------|--|
| 22  | Referral to other healthcare<br>providers (e.g. nurses and<br>nutritionists)  | 2 countries:<br>BG; ES   |  |   | 29 countries:<br>AT; BE; HR; DK;<br>FR; IT; NL; MK; NO;<br>CZ; FI; IE; XK; LU;<br>PL; PT; RO; SE; UK;<br>EL; SK; TR; DE; RS;<br>CY; EE; HU; LV; MT |                           |  |
| 23  | Other: Sale / supply of self-test kits to patients / public   | 10 countries:<br>FR; IT; NO; FI;<br>LU; PT; SE; ES;<br>TR; MT                    |  | 2 countries:<br>FR; CZ                    | 10 countries:<br>IT; NL; CZ; FI; PT;<br>SI; SE; SK; EE; HU   |                           | <b>NO</b> - Sale / supply of self-test kits are paid by the patients. <b>FI</b> - In pharmacy point of patient access to health services: remunerated by patient. <b>SK</b> - paid for by patients; Remuneration is based on the margin. <b>TR; EE</b> - paid for by patients. <b>MT</b> - Sale / supply of self-test kits to patients / public: paid for by patients or Health Service; In pharmacy point of patient access to health services: remunerated by Health Service |
| DIS | EASE MANAGEMENT SERVIC  | ES   |  |   |  |                           |  |
| 24  | Administering injectable<br>medicines (e.g. antibiotics)  | 1 country:<br>PT   |  |   | 1 country:<br>PT   | 1 country:<br>PT          | <b>SK</b> - Intravenous administration of drugs is performed only in hospitals or outpatient clinics.  |
| 25  | Directly observed<br>treatment/ Supervised<br>Consumption of Medicines  | 7 countries:<br>AT; BE; FR; NL;<br>NO; ES; UK                                    |  | 6 countries:<br>AT; BE; FR;<br>NO; IE; UK | 7 countries:<br>DK; IE; PL; SE; ES;<br>DE; MT  | 1 country:<br>IE          | <b>DK; MT</b> - paid for by patients   |
| 26  | First time dispensing<br>intervention (e.g New<br>Medicines Service)  | 5 countries:<br>BE; DK; NL; NO;<br>UK  | 7 countries:<br>ES; IT; NO;<br>FI; IE; PT;<br>SE | 5 countries:<br>BE; NL; UK;<br>DK; NO     | 5 countries:<br>DK; ES; FI; PT; MT   | 1 country:<br>BE          | ${\bf UK}$ - remunerated by National Health Service. ${\bf DK}\text{-}$ Remunerated according to the agreement with the Ministry of health   |
| 27  | Instruction on use of<br>therapeutic, self-monitoring<br>device or medical aid (e.g.<br>stoma appliance, inhaler,<br>insulin device, self-<br>monitoring blood glucose) | 9 countries:<br>FR; NL; NO; IE;<br>SI; SE; ES; EL;<br>PT                         | 2 countries:<br>PT; RS                           | 3 countries:<br>FR; NL; NO                | 25 countries:<br>AT; BE; BG; HR;<br>DK; IT; MK; CZ; FI;<br>XK; LU; PL; PT; RO;<br>ES; UK; SK; TR;<br>DE; RS; CY; EE;<br>HU; LV; MT                 |                           | <b>AT; BE; BG</b> - This can be part of standard pharmacy practice but there is no structural framework or regulations around this service. <b>NL</b> - this included in the fee for first time dispensing   |
| 28  | Therapeutic adherence support   | 4 countries:<br>BE; DK; NL; IE   | 1 country:<br>RS                                 | 2 countries:<br>DK; PT                    | 17 countries:<br>ES; IT; MK; NO; FI;<br>XK; LU; PT; RO;<br>UK; EL; SK; TR;<br>DE; RS; LV; MT   | 2 countries:<br>BE; SK    | <b>PT</b> - Preparation of personalized dosage systems paid by Águeda Municipality   |
| 29  | Teleconsultations by pharmacists  | 3 countries:<br>FR; NL; SE   | 2 countries:<br>IT; IE                           | 1 country:<br>FR                          | 13 countries:<br>BG; ES; DK; IT;<br>NO; CZ; XK; SI;<br>SK; DE; RS; EE; MT  |                           | <b>BG</b> - This can be part of standard pharmacy practice but there is no structural framework or regulations around this service.  |



|     | Pharmacy Services  | Provided in<br>most<br>pharmacies<br>under contract,<br>agreement,<br>regulation | Provided in<br>some<br>pharmacies<br>as a pilot | Remunerated<br>by Govn /<br>Health Payer      | Provided<br>individually by<br>some pharmacies   | Regulatory<br>limitations | Observations  |
|-----|--|--|---|---|--|---------------------------|---|
| 30  | Chronic disease<br>management (e.g.<br>hypertension,<br>hyperlipidemia, diabetes,<br>asthma, COPD, NOAC) | 3 countries:<br>BE; FR; NL   | 2 countries:<br>LU; RS                          | 3 countries:<br>AT; BE; FR                    | 25 countries:<br>AT; BG; HR; DK;<br>IT; MK; CZ; FI; LU;<br>PT; RO; SI; SE; ES;<br>UK; EL; SK; TR;<br>DE; RS; CY; EE;<br>HU; LV; MT |                           | <b>AT</b> - remuneration in some cases: Management of hypertension could be remunerated partly by health insurance. <b>BG</b> - This can be part of standard pharmacy practice but there is no structural framework or regulations around this service. <b>CZ; DE; MT</b> - In some cases paid for by patients.   |
| 31  | Other: Information to<br>patients on conditions /<br>treatments  | 3 countries:<br>FI; UK; TR   |   | 1 country:<br>NO                              | 6 countries:<br>NL; NO; CZ; PL;<br>SK; HU  |                           | <b>CZ</b> - Wound healing: In some cases, paid for by patients.   |
| IND | IVIDUAL CASE MANAGEMEN   | IT SERVICES  |   |   |  |                           |   |
| 32  | Dose Administration Aid  | 8 countries:<br>BE; DK; FR; NL;<br>NO; FI; IE; UK                                | 1 country:<br>HR                                | 5 countries:<br>NL; FI; IE; LU;<br>SE         | 11 countries:<br>AT; IT; MK; LU; PT;<br>SE; ES; SK; EE;<br>HU; MT  |                           | <b>AT</b> - paid for by patients or free service from pharmacy. <b>IE</b> - remunerated if patient is accepted by reimbursement scheme. <b>PL</b> - In community pharmacy pillboxes are not available. Few hospital pharmacies using the unit-dose system. <b>TR</b> - This service may refer to broken bulk dispensing which can be provided only by hospital pharmacies. <b>MT</b> - paid for by patients and Care Homes. <b>SE</b> - It is also available as a "private customer service" paid for by patients and Health Service; private consumers pay 99 SEK/month. |
| 33  | Medication Review  | 11 countries:<br>DK; FR; IT; NL;<br>NO; CZ; PT; SI;<br>ES; UK; DE                | 4 countries:<br>NO; LU; DE;<br>RS               | 7 countries:<br>AT; DK; FR;<br>NL; LU; SI; UK | 7 countries:<br>AT; FI; SE; SK; RS;<br>EE; MT  |                           | <ul> <li>AT - Remunerated by patients or private health insurance. DK - paid for by patients or municipality. CZ In some cases, paid for by patients. DE- So far only remunerated in pilot: <u>ARMIN</u> LU - only for asthma FI - paid for by patients. SI - This service is regulated by the Pharmacy Practice Act and based on doctor's referral TR - There is no structural framework or regulations, but it is supported and done by volunteer pharmacists.</li> </ul>   |
| 34  | Home or Nursing Home<br>Medication Review  | 2 countries:<br>DK; NL   | 1 country:<br>AT                                | 3 countries:<br>DK; NL; FI                    | 7 countries:<br>FR; IT; NO; FI; IE;<br>PT; DE  | 1 country:<br>CZ          | <b>FI</b> - fee based on contracts with care units. <b>PT</b> - paid for by patients.   |
| 35  | Medication Reconciliation  | 3 countries:<br>NL; IE; PT   | 1 country:<br>ES                                |   | 3 countries:<br>BE; FI; SE   |                           | <b>NL</b> - Admission and discharge fees for pharmaceutical care at hospital treatment that does not include hospital admission but no remuneration for community pharmacist.   |
| 36  | Therapeutic Substitution   | 3 countries:<br>FR; NL; ES   |   |   | 3 countries:<br>FR; TR; CY   |                           |   |
| 37  | Deprescribing (e.g<br>benzodiazepines,<br>antidepressants)   | · · · ·  | 3 countries:<br>ES; NL; DE                      |   | 2 countries:<br>IE; ES   |                           |   |
| 38  | Integrated care pathways /<br>protocols or Quality Circles<br>in place with primary care                 | 4 countries:<br>BE; FR; NL; MT   | 2 countries:<br>PT; DE                          | 2 countries:<br>BE; FR                        | 3 countries:<br>FR; NO; TR   |                           | ${\bf BE}$ - A financial incentive is foreseen on the one hand for local CMP meetings ("CMP projects") and on the other hand for quality promotion programs.  |



|     | Pharmacy Services  | Provided in<br>most<br>pharmacies<br>under contract,<br>agreement,<br>regulation   | Provided in<br>some<br>pharmacies<br>as a pilot | Remunerated<br>by Govn /<br>Health Payer  | Provided<br>individually by<br>some pharmacies | Regulatory<br>limitations | Observations  |
|-----|--|--|---|---|--|---------------------------|---|
| 39  | High-Cost Therapy<br>Dispensing and<br>Management (e.g.<br>Oncology, HIV, Rheumatoid<br>Arthritis, Multiple Sclerosis) | 18 countries:<br>AT; BE; HR; FR;<br>IT; NL; NO; FI;<br>IE; LU; PL; SE;<br>UK; EL; TR; DE;<br>HU; MT                            | 3 countries:<br>ES; HR; PT                      | 14 countries:<br>BE; BG; HR;<br>FR; IT; NL;<br>NO: IE; PL;<br>ES; UK; DE;<br>HU; MT                               | 6 countries:<br>BG; ES; IE; RS; CY;<br>HU      |                           | IE - paid for by patients or Health Service if on the High-Tech scheme. CZ - This service is provided only in hospital pharmacies. SK - We do not have a definition of high-cost therapy. These drugs are routinely dispensed but dispensing and management are not defined. HU - paid for by patients and Health Service. MT - paid for by patients and/or National Health Service in private practice and Government by contract for National Health Service patients. DE - Regular medicines remuneration scheme. SE - paid for by patients or Health Service. |
| 40  | Drug dose titration (e.g.<br>Insulin)  | 1 country:<br>NL   |   |   |  |                           |   |
| 41  | Galenic formulation  | 24 countries:<br>AT; BE; DK; FR;<br>IT; NL; MK; NO;<br>CZ; FI; XK; LU;<br>PL; PT; RO; SI;<br>SE; ES; EL; SK;<br>TR; DE; LV; MT |   | 20 countries:<br>BE; NL; MK;<br>NO; CZ; FI;<br>XK; LU; PL;<br>PT; RO; SI;<br>SE; ES; EL;<br>SK; TR; DE;<br>LV; MT | 4 countries:<br>BG; HR; IE; RS                 | 1 country:<br>SK          | <b>RS</b> - paid for by patients. <b>PT</b> - the price is established by decree-law nr. 769/2004 and it includes a fee regarding preparation.  |
| 42  | Other  | 3 countries:<br>FR; NL; SI   |   | ·   | 7 countries:<br>FR; IT; NO; FI; PL;<br>TR; HU  |                           |   |
| SER | VICES BASED ON HEALTH T  | ECHNOLOGY ASSE   | SSMENT (HTA                                     | )   |  |                           |   |
| 43  | Data collection on the<br>effectiveness of new<br>medicines  |  |   |   | 1 country:<br>NL                               |                           | ${\bf SK}$ - The pharmacy is obliged to report side effects to the State Institute for Drug Control.  |
| 44  | Other  | 7 countries:<br>AT; FR; NL; LU;<br>PL; SE; SK  | 1 country:<br>LU                                | 1 country:<br>FR  | 7 countries:<br>CZ; PL; PT; UK; TR;<br>EE; HU  |                           |   |

AT: Austria; BE: Belgium; BG: Bulgaria; CZ: Czech Republic; CY: Cyprus; DK: Denmark; DE: Germany; EE: Estonia; IE: Ireland; EL: Greece; ES: Spain; FI: Finland; FR: France; HR: Croatia; HU: Hungary; IT: Italy; LV: Latvia; LU: Luxembourg; MK: North Macedonia; MT: Malta; NL: The Netherlands; NO: Norway; PL: Poland; PT: Portugal; RO: Romania; RS: Serbia; SE: Sweden; SI: Slovenia; SK: Slovakia; TR: Turkey; UK: United Kingdom; XK: Kosovo

UTI: Urinary Tract Infection; Hep: Hepatitis; COPD: Chronic Obstructive Pulmonary Disease: NOAC: Novel Oral Anticoagulants



#### Table 2. Current pharmacy services in Europe – country overview

|  |    |    |    |    |    |    |    |    |    |    |    |    |    |      | С   | oun  | try |    |    |    |    |    |    |    |    |    |       |      |       |       |         |
|--|----|----|----|----|----|----|----|----|----|----|----|----|----|------|-----|------|-----|----|----|----|----|----|----|----|----|----|-------|------|-------|-------|---------|
| Service  | AT | BE | BG | СҮ | cz | DE | DK | EE | EL | ES | FI | FR | HR | ни з | E 1 | IT I | LU  | LV | мк | мт | NL | NO | PL | РТ | RO | RS | SE    | SI   | sк    | TR    | ик хк   |
| DISPENSING SERVICES  |    |    |    |    |    |    |    |    |    |    |    |    |    |      |     |      |     |    |    |    |    |    | 1  |    |    |    |       |      |       |       |         |
| Night services   |    | €  |    | €  | €  | €  |    |    |    | €  |    | €  | €  |      |     | €    | €   |    |    | €  | €  |    | •  |    |    |    |       | €    | ٠     |       | €       |
| Emergency supply of prescription-only medicines without prescription |    |    |    |    |    |    |    |    |    |    | •  |    |    |      | •   |      |     |    |    | €  |    |    |    | ٠  |    |    |       |      |       | •     |         |
| Urgent supply of prescription-only medicines without prescription    |    |    |    |    |    |    |    |    |    |    | ٠  |    |    |      | •   |      |     |    |    |    |    |    |    |    |    |    |       |      |       |       | €       |
| Repeat dispensing  |    |    | €  | €  | €  |    | ٠  | €  |    | €  |    | €  | €  | €    | •   |      |     |    |    |    |    |    |    |    |    |    | €     | €    | •     |       | €       |
| Generic Substitution   |    | ٠  |    |    |    |    |    |    | €  |    |    | €  |    | €    | •   | €    |     |    |    |    |    |    |    | ٠  |    |    | €     |      |       |       | •       |
| Refusal to dispense due to safety reasons                            |    |    |    |    |    |    |    |    |    |    |    | €  |    |      |     |      |     |    |    |    |    |    |    |    |    |    |       | ٠    | •     |       |         |
| Home delivery  |    |    |    |    | ٠  | €  |    |    |    |    |    |    |    |      |     |      |     |    |    | €  | €  |    |    | ٠  |    |    |       |      |       |       | €       |
| Other  |    |    |    |    |    |    |    |    |    |    |    |    |    |      | €   |      |     |    |    |    | €  |    |    |    |    |    |       |      |       |       |         |
| HEALTH PROMOTION SERVICES  |    |    |    |    |    |    |    |    |    |    |    |    |    |      |     |      |     |    |    |    |    |    |    |    |    |    |       |      |       |       |         |
| Handling and Disposal of Expired or Unwanted Medicines               |    |    |    |    |    |    |    |    |    |    |    |    |    |      | €   |      |     |    |    |    |    |    |    |    |    |    | €     |      | •     |       | €       |
| Needle/Syringe Exchange  |    |    |    |    |    |    |    |    |    | €  |    |    |    |      | €   |      |     |    |    |    |    |    |    | €  |    |    |       |      | •     |       | €       |
| Pharmacy Travel Health   |    |    |    |    |    |    |    |    |    |    |    |    |    |      |     |      |     |    |    |    |    |    |    |    |    |    |       |      |       |       |         |
| Pharmacist-delivered vaccination                                     |    |    |    |    |    | €  | €  |    |    |    | ٠  | €  |    |      | €   |      |     |    |    |    |    |    |    |    |    |    |       |      |       |       | €       |
| Weight Management  |    |    |    |    |    |    |    |    |    |    |    |    |    |      |     |      |     |    |    |    |    |    |    |    |    |    |       |      |       |       | €       |
| Smoking Cessation  |    |    |    |    |    |    | €  |    |    |    |    | _  |    |      |     |      |     |    |    |    | ĺ  |    |    |    |    |    |       |      |       |       | €       |
| Health education   |    |    |    |    |    |    |    |    |    |    |    | €  |    |      |     |      |     |    |    |    |    |    |    |    |    |    |       |      |       |       |         |
| Other  |    |    |    |    |    |    |    |    |    |    |    |    |    |      |     |      |     |    |    |    |    |    |    |    |    |    |       |      |       |       |         |
|  |    |    |    |    |    |    |    |    |    |    |    |    |    |      |     |      |     |    |    |    |    |    |    |    |    | С  | ontin | nues | on th | ie ne | xt page |



| (Continuation)   |    |    |    |    |    |    |      |      |    |       |    |    |    | (  | Cou | ntry |    |    |    |    |    |    |    |    |    |       |     |             |       |       |
|--|----|----|----|----|----|----|------|------|----|-------|----|----|----|----|-----|------|----|----|----|----|----|----|----|----|----|-------|-----|-------------|-------|-------|
| Service  | AT | BE | BG | СҮ | cz | DE | DK I | EE E | :L | ES FI | FR | HR | нυ | IE | IT  | LU   | LV | мк | мт | NL | NO | PL | РТ | RO | RS | SE    | SI  | <b>sк</b> 1 | r U   | к хі  |
| SCREENING AND REFERRAL SERVICES  |    |    | 1  | 1  |    |    | I    |      |    |       |    |    |    |    |     | 1    |    | 1  |    |    |    |    |    |    | 1  | 11    |     |             |       |       |
| Common Ailment Management Schemes  |    |    |    |    |    |    |      |      |    |       |    |    |    |    |     |      |    |    |    |    |    |    |    |    |    |       |     |             |       | €     |
| Screening individuals at-risk not on medication                          |    |    |    |    |    |    |      |      |    |       | €  |    |    |    | €   |      |    |    |    |    |    |    |    |    |    |       |     |             |       |       |
| Predictive medicine  |    |    |    |    |    |    |      |      |    |       |    |    |    |    |     |      |    |    |    |    |    |    |    |    |    |       |     |             |       |       |
| Pharmacovigilance for medicines under additional monitoring              |    |    |    |    |    |    |      |      |    |       |    |    |    |    |     |      |    |    |    |    |    |    |    |    |    |       |     |             |       |       |
| Scheduling visits / exams, delivery of reports                           |    |    |    |    |    |    |      |      |    |       |    |    |    |    |     |      |    |    |    |    |    |    |    |    |    |       |     |             |       |       |
| Referral to other healthcare providers                                   |    |    |    |    |    |    |      |      |    |       |    |    |    |    |     |      |    |    |    |    |    |    |    |    |    |       |     |             |       |       |
| Other  |    |    |    |    | €  |    |      |      |    |       | €  |    |    |    |     |      |    |    |    |    |    |    |    |    |    |       |     |             |       |       |
| DISEASE MANAGEMENT SERVICES  |    |    |    |    |    |    |      |      |    |       |    |    |    |    |     |      |    |    |    |    |    |    |    |    |    |       |     |             |       |       |
| Administering injectable medicines                                       |    |    |    |    |    |    |      |      |    |       |    |    |    |    |     |      |    |    |    |    |    |    | ٠  |    |    |       |     |             |       |       |
| Directly observed treatment/ Supervised Consumption of Medicines         | €  | €  |    |    |    |    |      |      |    |       | €  |    |    | €♦ |     |      |    |    |    |    | €  |    |    |    |    |       |     |             |       | €     |
| First time dispensing intervention                                       |    | €♦ |    |    |    |    | €    |      |    |       |    |    |    |    |     |      |    |    |    | €  | €  |    |    |    |    |       |     |             |       | €     |
| Instruction on use of therapeutic, self-monitoring device or medical aid |    |    |    |    |    |    |      |      |    |       | €  |    |    |    |     |      |    |    |    | €  | €  |    |    |    |    |       |     |             |       |       |
| Therapeutic adherence support  |    | •  |    |    |    |    | €    |      |    |       |    |    |    |    |     |      |    |    |    |    |    |    | €  |    |    |       |     | •           |       |       |
| Teleconsultations by pharmacists   |    |    |    |    |    |    |      |      |    |       | €  |    |    |    |     |      |    |    |    |    |    |    |    |    |    |       |     |             |       |       |
| Chronic disease management   | €  | €  |    |    |    |    |      |      |    |       | €  |    |    |    |     |      | _  |    |    |    |    |    |    |    |    |       |     |             |       |       |
| Other  |    |    |    |    |    |    |      |      |    |       |    |    |    |    |     |      |    |    |    |    | €  |    |    |    |    |       |     |             |       |       |
|  |    |    |    |    |    |    |      |      |    |       |    |    |    |    |     |      |    |    |    |    |    |    |    |    | С  | ontin | ues | on th       | e nex | t pag |



| (Continuation)   | Country |    |    |    |    |      |    |      |    |      |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |      |       |
|--|---------|----|----|----|----|------|----|------|----|------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|------|-------|
| Service  | AT      | BE | BG | сү | cz | DE I | DK | EE E | :L | ES I | -1 | FR | HR | ΗU | IE | IT | LU | LV | мк | мт | NL | NO | PL | РТ | RO | RS | SE | SI | sk | TR U | лк хк |
| INDIVIDUAL CASE MANAGEMENT SERVICES  |         |    |    |    |    |      |    |      |    |      |    |    |    |    | 1  | 1  |    |    |    |    |    |    | 1  |    |    |    |    |    |    |      |       |
| Dose Administration Aid  |         |    |    |    |    |      |    |      |    |      | €  |    |    |    | €  |    | €  |    |    |    | €  |    |    |    |    |    | €  |    |    |      |       |
| Medication Review  | €       |    |    |    |    |      | €  |      |    |      |    | €  |    |    |    |    | €  |    |    |    | €  |    |    |    |    |    |    | €  |    |      | €     |
| Home or Nursing Home Medication Review   |         |    |    |    | •  |      | €  |      |    |      | €  |    |    |    |    |    |    |    |    |    | €  |    |    |    |    |    |    |    |    |      |       |
| Medication Reconciliation  |         |    |    |    |    |      |    |      |    |      |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |      |       |
| Therapeutic Substitution   |         |    |    |    |    |      |    |      |    |      |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |      |       |
| Deprescribing  |         |    |    |    |    |      |    |      |    |      |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |      |       |
| Integrated care pathways / protocols or Quality Circles in place with primary care |         | €  |    |    |    |      |    |      |    |      |    | €  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |      |       |
| High-Cost Therapy Dispensing and Management  |         | €  | €  |    |    | €    |    |      |    | €    |    | €  | €  | €  | €  | €  |    |    |    | €  | €  | €  | €  |    |    |    |    |    |    |      | €     |
| Drug dose titration  |         |    |    |    |    |      |    |      |    |      |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |      |       |
| Galenic formulation  |         | €  |    |    | €  | €    |    |      | €  | €    | €  |    |    | -  |    |    | €  | €  | €  | €  | €  | €  | €  | €  | €  |    | €  | €  | €♦ | €    | €     |
| Other  |         |    |    |    |    |      |    |      |    |      |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |      |       |
| SERVICES BASED ON HTA  |         |    |    |    |    |      |    |      |    |      |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |      |       |
| Data collection on the effectiveness of new medicines                              |         |    |    |    |    |      |    |      |    |      |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |      |       |
| Other  |         |    |    |    |    |      |    |      |    |      |    | €  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |      |       |

AT: Austria; BE: Belgium; BG: Bulgaria; CZ: Czech Republic; CY: Cyprus; DK: Denmark; DE: Germany; EE: Estonia; IE: Ireland; EL: Greece; ES: Spain; FI: Finland; FR: France; HR: Croatia; HU: Hungary; IT: Italy; LV: Latvia; LU: Luxembourg; MK: North Macedonia; MT: Malta; NL: The Netherlands; NO: Norway; PL: Poland; PT: Portugal; RO: Romania; RS: Serbia; SE: Sweden; SI: Slovenia; SK: Slovakia; TR: Turkey; UK: United Kingdom; XK: Kosovo

Provided in most pharmacies under contract, agreement, regulation Provided in some pharmacies as a pilot

€ Remunerated by Government / Payer

Provided individually by some pharmacies Provided in some pharmacies as a pilot and individually by some pharmacies

• Regulatory limitations



## **3.1.2.** Evidence on pharmacy services

### **Overviews of systematic reviews**

We identified 4 umbrella reviews (overviews) of systematic reviews – 3 on the effectiveness, and 1 on the economic evaluation of community pharmacy services. This included 111 systematic reviews (including possible duplicates). We did not assess degree of overlap in systematic reviews across overviews.

Mossialos et al. reviewed 33 systematic reviews published between 2000 and 2012 evaluating the effectiveness of community pharmacists in achieving expanded roles. Systematic reviews addressed disease management (11), medication monitoring (11), medication adherence (8), smoking cessation, weight management and immunization (5), screening and referral (3), and appropriate use of medications (2). Some reviews covered more than one pharmacy service. Findings were positive in: disease management (cardiovascular risk, diabetes, hypertension, lipid management, asthma, adherence to antihypertensive medication, and prescribing for mental health conditions); screening and referral (symptom management and continuity of care); and smoking cessation. Mixed or inconclusive findings were found for: weight management; medication monitoring; adherence to antidepressant medications; clinical decision support systems on recommending additional or alternative medications for chronic conditions; and impact of collaboration between general practitioners and pharmacists. Most reviews were not exclusive of community pharmacy and included diverse populations, interventions, and outcomes [13].

Rotta et al. reviewed 49 systematic reviews published between 2000 and 2010 (containing 269 unique randomized controlled trials) evaluating the effectiveness of clinical pharmacy services on the medication use process and on patients' health outcomes. Reviews included community pharmacy but were not exclusive of this setting. Systematic reviews addressed appropriateness of medication (16) of which 7 in the elderly, medication adherence (14), disease management (13), smoking

37



cessation (2), and miscellaneous interventions (5). Findings were positive in disease management, e.g. hypertension and diabetes. Medication adherence presented mixed results, the most successful interventions included electronic devices, reminders, blister packs (dose administration aids) and regular scheduled consultations with the pharmacist at prescription refill dates. Mixed findings were observed regarding appropriateness of medication in the elderly due to the different criteria in defining polypharmacy. This also includes different instruments to measure appropriateness which do not allow for comparison. Also, most remaining reviews did not focus on the elderly and showed positive results. Mixed findings were also found in smoking cessation [18].

Thomson et al. reviewed 15 systematic reviews published until January 2018 (containing 157 primary studies) evaluating the effectiveness of community pharmacy public health interventions in health promotion and disease prevention, and in screening. This overview excluded, however, pharmacy interventions on medication adherence, medication management and disease management. The systematic reviews addressed: smoking cessation, weight management, alcohol misuse, needle exchange, and immunization (7); screening (6). Two reviews were having multicomponent interventions. Positive findings were found for smoking cessation, flu immunization, and needle exchange. Pharmacy increased flu vaccination rates among people who had missed vaccination the previous year or would not have received otherwise a vaccine. Evidence also showed that one third of the vaccines were administered outside working days highlighting the accessibility of the community pharmacies network.

Positive evidence was also found for screening and referral covering a wide spectrum of diseases including cardiovascular, osteoporosis, diabetes, depression, sleep disorders, respiratory diseases, cancers, and chlamydia. Although many studies were not able to demonstrate confirming of early diagnosis by physicians [19].

38



Costa et al. reviewed 14 systematic reviews published until July 2017 (containing 75 primary studies) on the economic evaluation of community pharmacy public health interventions. Although this overview focused on methods, it included some findings. Nearly 44% of primary studies on the economic evaluation of pharmacy services were conducted in Europe. Primary studies included in systematic reviews addressed: diabetes, hypertension, hyperlipidemia, asthma and smoking cessation (40); medication management (13); high cost / case management, especially for the elderly on multiple medication (10 studies); adherence in new-to-therapy (5); screening (4); and immunization (2). Overall reviews reported favorable economic findings for 71% of studies with full economic evaluations, cost-consequence, or cost-minimization analysis [10].

Although overviews are quite different between one another and have different objectives, disease management, screening and referral, and smoking cessation seem very consistent in positive trend emerging from systematic reviews assessed by these overviews.

Degree of overlap in primary studies using CCA was reported for Costa et al. (4.4%) indicating just a slight degree of overlap.

Table 3 presents a summary of findings of overviews.



| First<br>author<br>(year)<br>[REF] | Search<br>period   | Objective  | No. included<br>systematic<br>reviews (n) | Interventions<br>+ trend   | Interventions<br>+/- trend   |
|------------------------------------|--------------------|--|---|--|--|
| Mossialos<br>(2013)<br>[13]        | 2000-<br>2012      | Effectiveness  | 33  | Disease management (cardiovascular<br>risk, diabetes, hypertension, lipid<br>management, asthma, adherence to<br>antihypertensive medication,<br>prescribing for mental health)<br>Screening and referral<br>Smoking cessation | Weight management<br>Medication monitoring<br>Adherence antidepressants<br>Clinical decision support<br>systems on medications for<br>chronic conditions<br>Impact of collaboration GPs<br>and pharmacists |
| Rotta<br>(2015)<br>[18]            | 2000-<br>2010      | Effectiveness  | 49 (~ 269 RCT)                            | Disease management (e.g<br>hypertension and diabetes)<br>Medication review not on the elderly  | Medication adherence<br>Appropriate medication in the<br>elderly<br>Smoking cessation  |
| Thomson<br>(2019)<br>[19]          | Until Jan<br>2018  | Effectiveness in<br>health<br>promotion,<br>disease<br>prevention,<br>screening<br>OBS:<br>Medication and<br>disease<br>management<br>excluded | 15 (~ 157<br>primary studies)             | Smoking cessation<br>Flu immunization<br>Needle exchange<br>Screening and referral<br>(cardiovascular, osteoporosis,<br>diabetes, depression, sleep disorders,<br>respiratory diseases, some cancers,<br>chlamydia)            | In screening, many studies not<br>able to demonstrate<br>confirming of early diagnosis<br>by physicians.   |
| Costa<br>(2019)<br>[10]            | Until July<br>2017 | Economic<br>evaluation OBS:<br>Focusing on<br>methods  | 14 (~ 75<br>primary studies)              | In 71% of studies with full economic<br>evaluations, cost-consequence, or<br>cost-minimization analysis  | In remaining 29%.  |

### Table 3. Summary of findings of included overviews

+: Positive; +/-: Mixed or unclear; OBS: Observation; RCT: Randomized Controlled Trial; GP: General Practitioner



### **Systematic reviews**

### Description of included systematic reviews

Our search identified 38 systematic reviews containing 242 included publications (including overlapping) corresponding to 149 unique primary studies meeting the inclusion criteria. A Corrected Covered Area (CCA) value of 2% was obtained, indicating a minimal degree of overlap of primary studies in systematic reviews.

Search dates of systematic reviews varied from inception to March 2020.

The reviews were published in 28 different journals: 11 in disease / medical journals; 9 in pharmacy journals; 4 in health economics journals; 3 in health policy journals; and 1 in epidemiology journal.

With a few exceptions, most systematic reviews tend to include studies addressing diverse settings, populations, interventions, outcomes, and study designs.

Only 2 reviews focused exclusively on the community pharmacy setting [20][21]. The included primary studies were, on average, 33% of all studies included in systematic reviews.

These systematic reviews address interventions provided in European community pharmacies covering more than 25 different health conditions or risks, namely: diabetes; polypharmacy and/or elderly; hyperlipidemia; hypertension; asthma and chronic obstructive pulmonary disease (COPD); depression; common / minor ailments (covering more than 40 minor conditions); smoking, overweight / obesity and/or alcohol disorder; coronary heart disease (CHD); heart failure (HF) and myocardial infarction (MI); chronic pain, headache and migraine; dementia in institucionalized patients; osteoporosis; sleep disorder; metabolic syndrome; HIV; cancer (prostate, colorectal, cervix); Parkinson's disease; etc.

Disease management and individual case management services represented most interventions addressed in systematic reviews, followed by screening and referral services. A few reviews described health promotion and disease prevention



services. We did not find reviews including primary studies addressing dispensing related services.

Twenty-one systematic reviews reported including studies with a comparator, 10 reviews did not report on comparator, and 9 reviews reported no comparator in included studies.

Outcomes are very diverse, across and within interventions, and include metrics captured at the pharmacy either through patient measurements or patient reported outcomes using validated health scales or surveys, or through electronic data capturing, such as: surrogate clinical outcomes (e.g. blood pressure, blood glucose, lipids, weight, cardiovascular risk assessment; diabetes risk assessment, asthma control test, minor ailment assessment, quit rates, etc); health services utilization and economic outcomes (emergency room visits, hospital admissions, costs, costs and outcomes, cost-effectiveness, cost-utility, etc); and humanistic outcomes (quality-of-life, health status, disease symptoms, satisfaction, etc). Process indicators were also frequently reported, including: medication adherence; drug-related problems; adverse events; etc.

Twenty-one reviews included randomized controlled trials (RCTs and cluster RCTs), nonrandomized controlled trials (NRCT), and repeated measures (RM). Nineteen reviews included economic studies (EE) of which 10 are including economic evaluation studies only.

Table 4 summarizes the characteristics of included systematic reviews.



### **Table 4.** Characteristics of included systematic reviews

| First<br>author,<br>Year<br>[REF] | Search<br>period                   | Objective (short)   | No. (%)<br>incl.<br>studies | Countries<br>of origin   | Populations   | Pharmacy-based or -led<br>Interventions   | Comp<br>arator<br>s           | Outcomes  | Study<br>designs         |
|-----------------------------------|------------------------------------|---|-----------------------------|--|---|---|-------------------------------|---|--------------------------|
| McDerby<br>, 2020<br>[22]         | Until Nov<br>2018                  | To evaluate outcomes<br>associated with pharmacist-<br>led medication reviews in<br>residential aged care facility<br>residents with dementia.  | 3 (50%)                     | Denmark;<br>Netherland<br>s; UK                                | Residential aged care facility residents with dementia  | Medication review by<br>community pharmacist for<br>residents with dementia and<br>pain   | No                            | Pain intensity scores; Number of<br>pharmacist recommendations;<br>Recommendation acceptance rate by<br>GPs | 2 Non<br>EPOC, 1<br>RCTs |
| Reeves,<br>2020<br>[23]           | 1 Jan<br>1995 to<br>31 Jan<br>2018 | To review reports of RCTs on<br>the effectiveness of<br>pharmacists' intervention to<br>improve BP control and<br>medication adherence in<br>patients with hypertension.                      | 2 (6%)                      | Portugal;<br>Spain   | Adult patients with Type 2<br>diabetes; adults with<br>hypertension treated for less<br>than 6 months   | Chronic disease<br>management (hypertension)  | Yes                           | ВР  | 2 RCTs                   |
| Sanyal,<br>2019<br>[24]           | Until 5<br>Feb 2019                | To conduct a systematic<br>review of cost-utility studies<br>of community-based<br>services provided by<br>pharmacists and to examine<br>reporting and<br>methodological quality.             | 12<br>(60%)                 | Belgium;<br>France;<br>Italy;<br>Netherland<br>s; Spain;<br>UK | Patients with polypharmacy<br>or chronic diseases<br>(respiratory disease,<br>depression, osteoporosis),<br>smokers or patients on lipid-<br>lowering therapy | Medication review, chronic<br>disease management in<br>primary care, smoking<br>cessation, reducing<br>medication errors, screening | Yes,<br>some<br>usual<br>care | Almost all ICER (2 exceptions:<br>QALYs and QALDs)  | 12 EE                    |
| Sanyal,<br>2020<br>[25]           | Until Feb<br>2019                  | To review the reporting and methodological quality of full economic evaluations of services provided by community pharmacists.  | 9 (45%)                     | Netherland<br>s; UK  | Elderly patients at high risk<br>of potentially serious<br>medication errors, patients<br>with depression, smokers,<br>chronic conditions                     | Chronic disease<br>management, medication<br>review, smoking cessation,<br>medication management                                    | Yes,<br>usual<br>care         | ICER; costs; costs/life-year; cost-<br>savings; life-years gained;<br>adherence; hospital admissions        | 9 EE                     |
| Dann-<br>Reed,<br>2020<br>[26]    | 1974 to<br>Jul 2016                | To identify, describe, and<br>evaluate the quality of the<br>research for dementia-<br>specific pharmacy-based<br>interventions with potential<br>for delivery through<br>community pharmacy. | 2 (7%)                      | UK   | People with dementia  | Chronic disease<br>management   | Not<br>reporte<br>d           | Not reported  | 2 Non<br>EPOC            |



| First<br>author,<br>Year<br>[REF]     | Search<br>period                          | Objective (short)   | No. (%)<br>incl.<br>studies | Countries<br>of origin  | Populations   | Pharmacy-based or -led<br>Interventions   | Comp<br>arator<br>s   | Outcomes  | Study<br>designs                             |
|---------------------------------------|---|---|-----------------------------|---|---|---|---|---|--|
| Gudi,<br>2019<br>[27]                 | 1 Jan<br>2008 to<br>31 Dec<br>2018        | To address the impact of<br>pharmacist-led home<br>medicines review services on<br>identifying drug-related<br>problems among the elderly<br>population in home care.                 | 1 (10%)                     | Germany   | Elderly population (not institucionalized)                            | Medication review<br>(inapropriate medicines,<br>drug-drug interactions)  | No<br>compar<br>ator  | Drug-drug interactions (DDIs)   | 1 Non<br>EPOC                                |
| Anthony,<br>2019<br>[28]              | Not<br>reported                           | To review economic<br>evaluations of nurses,<br>pharmacists, and other allied<br>health professionals in<br>primary care as substitutes<br>for some of the tasks<br>performed by GPs. | 1 (17%)                     | UK  | Patients consulting in<br>primary care with coronary<br>heart disease | Medication management   | Yes,<br>usual<br>care<br>from<br>GP   | Appropriate treatment; SF-36 and EQ-5D; total NHS costs; intervention direct costs and NHS treatment costs; indirect costs of training. | 1 EE   |
| Buss,<br>2018<br>[29]                 | Until Nov<br>2017                         | To evaluate the<br>effectiveness and analytical<br>quality of point-of-care tests<br>performed in the community<br>pharmacy.  | 1 (9%)                      | Spain   | Not reported  | Point-of-care testing (HIV)   | Yes,<br>regiona<br>l<br>surveill<br>ance<br>for new<br>HIV<br>diagno<br>ses | Test result   | 1 NRCT                                       |
| Singh,<br>2018<br>[30]                | 2000 to<br>2018                           | To synthesize the available<br>empirical evidence regarding<br>pharmacy health coaching<br>and to define it.  | 4 (40%)                     | Denmark;<br>Netherland<br>s   | Patients with hypertention or depression                              | Health coaching   | Not<br>reporte<br>d   | Health outcomes; cost-<br>effectiveness; drug attitude;<br>medication management/<br>adherence; relationship between<br>professionals   | 1 EE, 2<br>RCTs, 1<br>Non EPOC               |
| Crespo-<br>Gonzalez<br>, 2018<br>[31] | Not<br>reported.<br>Search in<br>Dec 2016 | To analyze the intervention<br>dose, and core components<br>of the intervention provided<br>by pharmacists in asthma<br>management.   | 9 (29%)                     | Belgium;<br>Bulgaria;<br>Denmark;<br>Finland;<br>France;<br>Germany;<br>Malta;<br>Spain | Asthma patients   | Chronic disease<br>management; counseling<br>sessions on disease,<br>medication, symptoms,<br>adherence, triggers, inhaler<br>technique; Peak Flow Meter,<br>referral to GP | Not<br>reporte<br>d   | Number of patients referred;<br>duration and frequency of<br>intervention; number of patients<br>receiving the intervention, etc        | 1 Non<br>EPOC, 1<br>RM, 5<br>RCTs, 2<br>NRCT |



| First<br>author,<br>Year<br>[REF]       | Search<br>period   | Objective (short)  | No. (%)<br>incl.<br>studies   | Countries<br>of origin  | Populations  | Pharmacy-based or -led<br>Interventions  | Comp<br>arator<br>s  | Outcomes  | Study<br>designs  |
|---|--|--|---|---|--|--|--|---|-------------------|
| Deters,<br>2018<br>[32]                 | Jan 2000<br>to Feb<br>(PubMed)<br>/ Apr<br>(Cochran<br>e) 2016 | To evaluate randomized<br>controlled trials that<br>included interventions<br>provided by community<br>pharmacists for patients with<br>type 1 and 2 diabetes.                                     | 3 (27%)   | Belgium; Type 2 diabetes patients<br>Spain; UK  |  | Medication therapy<br>management   | Not<br>reporte<br>d  | HbA1c; BG; BP; lipid profile; weight;<br>diabetes knowledge; health status;<br>patients' satisfaction; medication<br>beliefs; drug-related outcomes;<br>adherence | 3 RCTs            |
| Teljeur,<br>2017<br>[33]                | Until 4<br>Mar 2015  | To review the evidence on<br>the costs and cost-<br>effectiveness of self-<br>management support<br>interventions for people with<br>diabetes.   | 1 (3%)  | Chronic disease<br>1 (3%) Bulgaria Patients with type 2 diabetes management; educational N<br>programme |  | No   | BG; QoL; costs   | 1 EE  |                   |
| Moham<br>med,<br>2016<br>[34]           | 2005 to<br>Sept<br>2015  | To evaluate the impact of<br>pharmaceutical care<br>interventions on health-<br>related quality of life.   | 7 (15%)   | Belgium;<br>Germany;<br>Spain; UK   | Chronic disease (headache,<br>migraine, Parkinson's<br>disease, asthma, stroke,<br>diabetes, COPD, depression) | Pharmaceutical care  | Yes  | HRQoL (generic and disease-<br>specific)  | 3 NRCT, 4<br>RCTs |
| McCullou<br>gh, 2016<br>[35]            | Until Mar<br>2015  | To describe behavioral<br>change theories used in<br>adherence interventions in<br>adults with chronic<br>respiratory disease, content,<br>provider, delivery, setting,<br>frequency and duration. | 2 (4%)  | Belgium   | Adults with COPD with daily<br>maintenance medication in<br>community setting                                  | Education and monitoring:<br>leaflets, demonstration<br>inhalers, nonadherence,<br>COPD medication, self-<br>management, smoking<br>cessation. | Yes  | Adherence (medication possession ratio)   | 2 RCTs            |
| Sabater-<br>Hernánd<br>ez, 2016<br>[36] | Until 30<br>Nov 2014   | To identify community<br>pharmacy evidence-based<br>services designed to help<br>prevent CVD.  | y Netherland<br>ased 11 s; Portugal;<br>hypertension, dyslipidaemia, health care professionals, |   | health care professionals,<br>and assessments to support   | Yes  | BP; BG; HbA1c; hypo- and<br>hyperglycemic episodes; TC; TG;<br>HDL-C; LDL-C; BMI; albumin-<br>creatinine ratio; CV risk; health<br>status; adverse drug reactions;<br>drug-related problems. Process,<br>patient behaviors (incl. adherence),<br>determinants of behaviors assessed. | 11 RCTs   |                   |



| First<br>author,<br>Year<br>[REF] | Search<br>period                               | Objective (short)  | No. (%)<br>incl.<br>studies   | Countries<br>of origin                        | Populations  | Pharmacy-based or -led<br>Interventions   | Comp<br>arator<br>s   | Outcomes  | Study<br>designs               |
|-----------------------------------|--|--|---|---|--|---|---|---|--------------------------------|
| Brown,<br>2016<br>[37]            | Until May<br>2014                              | To review the effectiveness<br>of community pharmacy-<br>delivered interventions for<br>alcohol reduction, smoking<br>cessation and weight<br>management.                  | 9 (39%) Netherland Adults with alcohol use<br>disorders, smokers or<br>overweight |   | Brief alcohol advice;<br>smoking cessation<br>intervention 12 weeks;<br>smoking cessation advice;<br>computer-generated tailored<br>advice to aid smoking<br>cessation; "My Choice<br>Weight management<br>programme". | Yes,<br>usual<br>care or<br>group-<br>based<br>interve<br>ntion   | AUDIT scores, % harmful drinkers;<br>consumption, problems and<br>dependence; EQ-5D; FAST score;<br>number of alcohol-free days per<br>week; barriers/ facilitators; CO-<br>validated quit rates; self-reported<br>quits (or abstinence or point<br>prevalence); cessation aids;<br>pharmacy staff perceptions; weight;<br>BMI; waist circumference; physical<br>activity; SF-12; costs; cost-<br>effectiveness; cost-utility | 5 EE, 4<br>RCTs   |                                |
| Lindsey,<br>2015<br>[38]          | Until Jun<br>2015                              | To review the literature to<br>identify and assess the<br>current evidence for the role<br>of community pharmacies in<br>delivering early cancer<br>detection initiatives. | 4 (33%)   | Germany;<br>Italy; Spain                      | Patients at-risk for cancer<br>(prostate, colorectal, cervix)  | Screening (cancer)  | Yes,<br>some  | Increasing awareness and<br>knowledge; referral; influencing<br>patient's behavior; outcomes<br>(FOB/FIT, PSA, Pap/HPV DNA);<br>health outcomes (cancer diagnosis).<br>Number of positive test results,<br>detection rate, acceptance,<br>participation | 3 CS, 1<br>RCTs                |
| Antoine,<br>2014<br>[39]          | Not<br>reported.<br>Search in<br>March<br>2013 | To analyze the effectiveness<br>of adherence-enhancing<br>pharmacist interventions for<br>oral medication in type 2<br>diabetes mellitus.                                  | 1 (17%)   | Belgium                                       | Type 2 diabetes patients   | Chronic disease<br>management (education &<br>reminders for annual eye<br>and foot examinations<br>(baseline, at refill, for 6<br>months) | Yes,<br>usual<br>care   | Prescription refill rate & self-<br>reported adherence  | 1 RCTs                         |
| Bolen,<br>2014<br>[40]            | Until Nov<br>2011                              | To evaluate the<br>effectiveness and safety of<br>interventions for adults with<br>type 2 diabetes.  | effectiveness and safety of 2 (1%) Spain; Type 2 diabetes patients Sweden         |   | Chronic disease<br>management  | Yes,<br>usual<br>care   | Changes in: HbA1c; systolic BP;<br>body weight; lipids  | 2 RCTs  |                                |
| Fathima,<br>2013<br>[41]          | Jan 2003<br>to Mar<br>2013                     | To evaluate the role of<br>community pharmacists in<br>provision of screening<br>with/without management of<br>undiagnosed COPD and<br>uncontrolled asthma.                | 9 (53%)   | Belgium;<br>France;<br>Portugal;<br>Spain; UK | Not reported   | Screening of disease<br>control/risk factors in<br>asthma and COPD; chronic<br>disease management   | Not<br>reporte<br>d   | Asthma control; patients'<br>perception; controller medication<br>and physician visits; knowledge and<br>attitudes; inhaler technique;<br>adherence; asthma exacerbation;<br>asthma QoL; patients at high risk of<br>COPD                               | 5 CS, 2<br>RCTs, 2<br>Non EPOC |



| First<br>author,<br>Year<br>[REF] | Search<br>period                                      | Objective (short)  | No. (%)<br>incl.<br>studies | Countries<br>of origin                    | Populations  | Pharmacy-based or -led<br>Interventions  | Comp<br>arator<br>s   | Outcomes   | Study<br>designs              |
|-----------------------------------|---|--|-----------------------------|---|--|--|---|--|-------------------------------|
| Paudyal,<br>2013<br>[20]          | 2001 to<br>2011                                       | To explore the effect of pharmacy-based minor ailment schemes on patient health- and cost-related outcomes; and impact on general practices.   | 31<br>(100%)                | UK  | Not reported   | ported (>40), most frequent: head reported ice, diarrhoea, constipation, d same area as pharmacies; Vaginal candidiase) following consultation; typ minor ailments in reconsul referral; impact on GP cos minor ailments; no. GP or consultations for minor ailments; patient and stak perspectives / satisfaction |   | % patients with improvement<br>following consultation; types of<br>minor ailments in reconsultation or<br>referral; impact on GP costs for<br>minor ailments; no. GP or nurse<br>consultations for minor ailments in<br>same area as pharmacies; no.<br>medicines supplied for minor<br>ailments; patient and stakeholder<br>perspectives / satisfaction | 6 CS, 1<br>Non EPOC,<br>24 EE |
| Ayorinde<br>a, 2013<br>[42]       | Jan 1990<br>to Aug<br>2012                            | To assess the evidence<br>about the feasibility and<br>acceptability of community<br>pharmacy-based screening<br>for major diseases.   | 11<br>(22%)                 | Ireland;<br>Spain;<br>Switzerland<br>; UK | General public or patients at<br>risk                                      | Screening: CV disease (high<br>BP, high TC, 10-year risk of<br>CV disease, diabetes (incl.<br>high BG), sleep disorder,<br>COPD (incl. spirometry),<br>osteoporosis (incl. bone<br>mineral density), smoking.  | No  | % of participants at risk; referrals to<br>other healthcare providers; accuracy<br>of screening tests; awareness of<br>disease; perceptions including<br>satisfaction; economic outcomes   | 11 CS                         |
| Gudka,<br>2013<br>[43]            | Until 30<br>Oct 2011                                  | To determine types of<br>pharmacy-based chlamydia<br>screening interventions,<br>uptake rates, acceptability<br>issues, and barriers.  | 7 (58%)                     | Netherland<br>s; UK                       | Clients requesting a test or<br>when dispensing emergency<br>contraception | Screening for chlamydia  | No  | Uptake of screening; acceptability or<br>barriers to screening   | 5 CS, 1<br>Non EPOC,<br>1 EE  |
| Kapadia,<br>2013<br>[44]          | 1 Jan<br>1995 to<br>30 Jun<br>2011                    | To estimate the prevalence<br>of Chlamydia infection<br>among those screened in<br>community pharmacies.   | 8 (73%)                     | Netherland<br>s; UK                       | Clients requesting a test or<br>when dispensing emergency<br>contraception | Screening for chlamydia  | No  | Test kit acceptance rate or return rate  | 7 CS, 1 EE                    |
| Brown,<br>2019<br>[45]            | Until Dec<br>2018<br>(CCMD-<br>CTR to<br>Jun<br>2016) | To examine the effects of<br>pharmacy-based<br>management interventions<br>compared with active<br>control, waiting list, or<br>treatment as usual at<br>improving depression<br>outcomes in adults. | 2 (17%)                     | Netherland<br>s; Spain                    | Adult patients with<br>depression beginning<br>treatment                   | Patient education on disease<br>and medication use; medical<br>and pharmaceutical care<br>plus support programme;<br>patient education and<br>adherence  | Yes,<br>usual<br>care<br>from<br>pharm<br>acist or<br>physici<br>an | Medication adherence; self-rated<br>mental health; drug attitude;<br>attrition (acceptability); cost-<br>effectiveness; clinical severity (PQ-<br>9); anxiety (STAI-S); EQ-5D;<br>satisfaction; adverse effects  | 2 RCTs                        |
| van<br>Driel,<br>2016<br>[46]     | Until Feb<br>(databas<br>es) and<br>Jul               | To assess the effects of<br>interventions aimed at<br>improving adherence to<br>lipid-lowering drugs,  | 3 (9%)                      | Belgium;<br>Netherland<br>s               | Patients average age 60;<br>and new users of statins age<br>18 and above   | 5 counselling sessions on<br>adherence, benefits of statin<br>use with electronic  | Yes,<br>usual<br>care   | Adherence (time to discontinuation,<br>medication possession ratio); lipid<br>levels; persistence  | 3 RCTs                        |



| First<br>author,<br>Year<br>[REF] | Search<br>period                                  | Objective (short)   | No. (%)<br>incl.<br>studies  | Countries<br>of origin  | Populations   | Pharmacy-based or -led<br>Interventions   | Comp<br>arator<br>s  | Outcomes  | Study<br>designs           |
|-----------------------------------|---|---|--|---|---|---|--|---|----------------------------|
|                                   | (registrie<br>s) 2016                             | focusing on adherence and<br>clinical outcomes.   |  |   |   | reminder; review of dosing<br>history using reminders   |  |   |                            |
| Hatah,<br>2014<br>[47]            | Until Feb<br>2011                                 | To examine the impact of fee-for-service pharmacist-<br>led medication review on patient outcomes and quantify this according to the type of review undertaken.                       | 12<br>(38%)  | Belgium;<br>Denmark;<br>Germany;<br>Malta;<br>Netherland<br>s; UK             | Elderly or chronic disease<br>patients (asthma, CHD, HF<br>on loop diuretics,<br>dyslipidaemia on<br>atorvastatin), previous<br>transient ischaemic attack or<br>ischaemic stroke, or<br>discharged from hospital | Medication reviews: clinical<br>medication reviews;<br>adherence reviews; other<br>type of review         | Not<br>reporte<br>d  | Disease control (asthma<br>control/severity), self-reported<br>symptoms, hospitalization,<br>mortality; adherence, medication<br>and medical costs, healthcare<br>resource use, QoL   | 3 EE, 8<br>RCTs, 1<br>NRCT |
| Altowaijr<br>i, 2013<br>[48]      | Until Feb<br>2011                                 | To perform a systematic<br>review assessing the<br>effectiveness of clinical<br>pharmacist interventions<br>within a multidisciplinary<br>team in the secondary<br>prevention of CVD. | 10<br>(19%)  | Netherland<br>s; Spain;<br>Sweden;<br>UK                                      | Patients with heart failure,<br>CHD, or with CV risk factors  | Medication management;<br>educational intervention  | Yes,<br>usual<br>care/n<br>o<br>interve<br>ntion                         | CVD; CVD risk factors (diabetes<br>control, smoking cessation, blood<br>pressure control, lipid control);<br>adherence; knowledge; satisfaction;<br>quality-of-life; drug-related<br>problems; hospitalization, ER visits,<br>costs | 5 RCTs, 5<br>EE            |
| Cai,<br>2013<br>[49]              | Until Jul<br>2012<br>(updated<br>in Sept<br>2013) | To evaluate the role of<br>pharmacist care on<br>mortality, morbidity, and the<br>CHD management.   | 1 (20%)  | UK  | CHD patients; patients on:<br>aspirin, lipid-lowering drug,<br>β-blocker, or ACE inhibitor  | MEDMAN (medicines<br>management)  | Yes,<br>usual<br>care  | Adherence and BP control  | 1 EE                       |
| Hadi,<br>2014<br>[50]             | Until Jun<br>2012 (for<br>most<br>database<br>s)  | To evaluate the<br>effectiveness of pharmacist-<br>led medication review in<br>chronic pain management.   | in 1 (20%) Germany (headache and migraine) review plus advice on pac |   | Face-to-face medication<br>review plus advice on pacing<br>activities and goal setting  | Yes,<br>usual<br>care<br>with no<br>trainin<br>g  | Pain intensity; physical functioning<br>(subscale of SF-36); QoL (SF-36) | 1 RCTs  |                            |
| Al<br>AdAwi,<br>2020<br>[51]      | Jan 2008<br>to Mar<br>2020                        | ar screening, prevention, and 1 (10%) Spain metabolic syndrome risk syn<br>management of metabolic  |  | Screening for pre-metabolic<br>syndrome and<br>cardiovascular<br>risk factors | No  | Prevalence of MetS, presence of CV risk and factor; facilitators and barriers of effective implementation | 1 CS   |   |                            |



| First<br>author,<br>Year<br>[REF] | Search<br>period           | Objective (short)  | No. (%)<br>incl.<br>studies | Countries<br>of origin  | Populations  | Pharmacy-based or -led<br>Interventions  | Comp<br>arator<br>s  | Outcomes   | Study<br>designs |
|-----------------------------------|----------------------------|--|-----------------------------|---|--|--|--|--|------------------|
| Wang,<br>2016<br>[52]             | Jan 2006<br>to Dec<br>2014 | To review and evaluate the<br>most recent literature on the<br>economic outcomes of<br>pharmacist-managed<br>services in people with<br>diabetes.                                      | 1 (4%)                      | Bulgaria  | Type 2 diabetes with no severe complications, on monotherapy, no insulin   | Five education sessions on:<br>type 2 diabetes and self-<br>monitoring; effect of obesity<br>on insulin sensitivity and<br>advantages of weight<br>reduction; foot care;<br>diabetes-related eye<br>diseases; possible adverse<br>drug reactions | Yes,<br>historic<br>al self-<br>control<br>(usual<br>care<br>primar<br>y care)   | Economic   | 1 EE             |
| Peletidi,<br>2016<br>[53]         | 1990 to<br>2014            | To evaluate the evidence on<br>training, interventions,<br>outcomes, and cost-<br>effectiveness of pharmacy-<br>led smoking cessation<br>services within the UK.                       | 5 (83%)                     | UK  | Smokers  | One-to-one counselling;<br>smoking programs  | Yes,<br>group<br>therap<br>y or as<br>control                                    | Cessation rates; trainning; cost per<br>participant; cost-efectiveness | 2 EE, 3<br>RCTs  |
| Perraudi<br>n, 2016<br>[21]       | From 1<br>Jan 2004         | To synthesize cost-<br>effectiveness analyses on<br>professional pharmacy<br>services in Europe in order<br>to contribute to current<br>debates on their funding and<br>reimbursement. | 21<br>(100%)                | Belgium;<br>Denmark;<br>France;<br>Netherland<br>s; Spain;<br>UK    | Patients: at risk of serious<br>medication errors; with<br>minor illness; elderly with<br>polypharmacy; COPD;<br>initiating lipid-lowering<br>therapy; with chronic pain;<br>prescribed new<br>antidepressant; with CHD;<br>smokers; at risk for sleep<br>apnea; young women<br>requesting contraceptive | Interventions to: enhance<br>medicine safety and access<br>to medicines; improve<br>outcomes; improve public<br>health. No studies on<br>interventions to improve the<br>efficiency and quality of the<br>health system.                         | Yes,<br>usual<br>care/fe<br>edback<br>to the<br>GP/self<br>-quit<br>scenari<br>0 | Efectiveness and economic outcomes                                     | 21 EE            |
| Loh,<br>2016<br>[54]              | Until 31<br>Aug 2015       | To evaluate the effects of<br>medication review on health-<br>related quality-of-life and<br>healthcare costs in the<br>elderly.   | 7 (28%)                     | Belgium;<br>Multiple<br>countries;<br>Netherland<br>s; Spain;<br>UK | Community dwelling patients<br>with specific disease states<br>and participants with non-<br>specific conditions   | Medication review, patient-<br>directed education<br>addressing drug-related<br>problems,<br>subsequent follow-up  | Not<br>reporte<br>d  | Economic and humanistic (e.g<br>HRQoL)                                 | 4 EE, 3<br>RCTs  |
| Malet-<br>Larrea,<br>2016<br>[55] | Until<br>Sept<br>2015      | To determine cost-<br>effectiveness of professional<br>pharmacy services to<br>patients attending<br>community pharmacies.   | 9 (39%)                     | Belgium;<br>Multiple<br>countries;<br>Netherland<br>s; Spain;<br>UK | Not sistematically reported  | Pharmacy face-to-face<br>interaction (and telephone-<br>based intervention in one<br>study).   | Yes,<br>usual<br>care  | Costs and outcomes; ICER   | 9 EE             |



| First<br>author,<br>Year<br>[REF] | Search<br>period | Objective (short)   | No. (%)<br>incl.<br>studies | Countries<br>of origin | Populations   | Pharmacy-based or -led<br>Interventions  | Comp<br>arator<br>s | Outcomes  | Study<br>designs |
|-----------------------------------|------------------|---|-----------------------------|------------------------|---|--|---------------------|---|------------------|
| Gammie,<br>2017<br>[56]           | 2010 to<br>2015  | To review the literature on<br>methods of economic evalua<br>tions of hospital and commu<br>nity pharmacy services in pu<br>blicly funded health systems,<br>clinical outcomes, and econ<br>omic effectiveness. | 7 (50%)                     | France;<br>Spain; UK   | Not reported  | Medication or disease-<br>specific education to patients<br>and GPs, medication<br>management programs,<br>review of physician-<br>implemented medicine<br>plans, or follow-up support<br>to patients. | Not<br>reporte<br>d | Improvements in patient health<br>outcomes; reductions in<br>nonscheduled GP visits, ER visits,<br>hospital bed days, medication<br>errors, and<br>adverse events; and increases in<br>HRQoL. | 7 EE             |
| Elliott,<br>2014<br>[57]          | 2003 to<br>2013  | To set out the<br>methodological strengths,<br>weaknesses and challenges<br>associated with analysing<br>the cost effectiveness of<br>pharmacist interventions.   | 12<br>(39%)                 | Netherland<br>s; UK    | Patients with chronic disease<br>(CV disease, asthma,<br>depression, HIV 1),<br>smokers, elderly, with minor<br>ailments; chlamydia<br>screening participants | Interventions focusing on<br>supporting the prescribing of<br>medicines; use of<br>medicines; screening and<br>education programs and a<br>combination of all.   | Not<br>reporte<br>d | Economic  | 12 EE            |

CS: Cross-sectional study; EE: Economic Evaluation; Non EPOC: NON EPOC; NRCT; Non-randomized trial; RCT: Randomized trial; RM: Repeated Measures



# Description of European community pharmacy primary studies reported in systematic reviews

Nearly 56% of primary studies in community pharmacy (CP) in Europe covered in systematic reviews were from the UK, 10% from the Netherlands, 9% from Spain, 5% from Germany, 4% from Belgium, 3% from Denmark, and 2.7% from France. These 7 countries have around 90% of research in Europe on community pharmacy interventions. These primary studies were included in systematic reviews.

Figure 1 illustrates countries of research origin of community pharmacy studies in Europe.

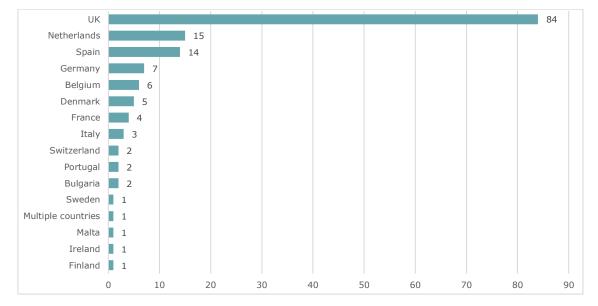
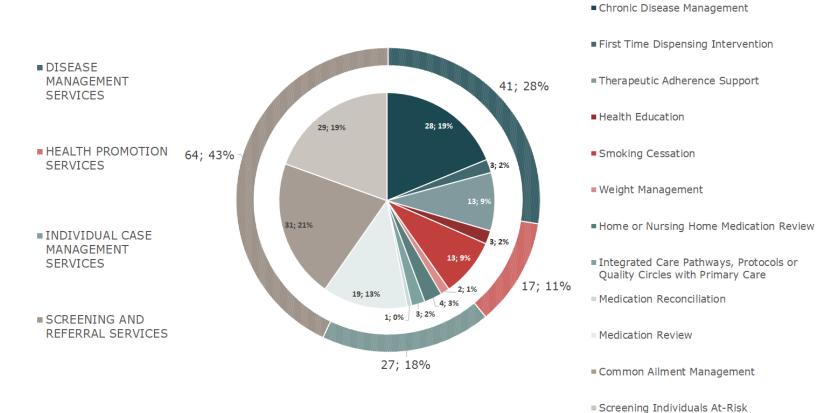


Fig. 1. No. community pharmacy (CP) primary studies in Europe per country of research origin

Screening and referral services were the most frequent intervention category in primary studies in Europe included in reviews (64 studies, 43%), followed by disease management services (41 studies, 28%), individual case management services (27 studies, 18%), and health promotion services (11%).

Figure 2 illustrates the number and type of CP primary studies in Europe. This is per intervention category and per service.





#### Fig. 2. No. CP primary studies in Europe per intervention

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The top 6 researched pharmacy-based interventions represent 89% of the primary studies in Europe. This includes: screening at-risk individuals (22% of primary studies); common / minor ailment screening and treatment (21%); chronic disease management (17%); medication review and medication therapy management (13%); therapeutic adherence support (9%); and smoking cessation (8%).

Integrated care pathways with primary care, medication reconciliation, and firsttime dispensing already appeared in few studies included in the systematic reviews.

It was observed that the chronic disease management and screening at-risk individuals were the two interventions in primary studies conducted across a wide number of countries.

Table 5 provides an overview of country of research origin per intervention.



| Intervention  | BE | BG | DK | FI | FR | DE | IE | іт | мт | NL      | PT | ES      | SE | СН | UK             | Mult* | Grand<br>Total | CP primary studies included (REFs) |
|---|----|----|----|----|----|----|----|----|----|---------|----|---------|----|----|----------------|-------|----------------|------------------------------------|
| HEALTH<br>PROMOTION<br>SERVICES   |    |    | 1  |    |    |    |    |    |    | 1       | 1  |         |    |    | 14             |       | 17             |                                    |
| Health education  |    |    |    |    |    |    |    |    |    |         | 1  |         |    |    | 2              |       | 3              | [58-60]                            |
| Smoking Cessation   |    |    | 1  |    |    |    |    |    |    | 1       |    |         |    |    | 10             |       | 12             | [61-72]                            |
| Weight<br>Management  |    |    |    |    |    |    |    |    |    |         |    |         |    |    | 2              |       | 2              | [73,74]                            |
| SCREENING AND<br>REFERRAL<br>SERVICES   | 1  |    |    |    | 2  | 1  | 1  | 2  |    | 1       | 1  | 5       |    | 2  | 48             |       | 64             |                                    |
| Common / Minor<br>Ailment<br>Management   |    |    |    |    |    |    |    |    |    |         |    |         |    |    | 31             |       | 31             | [75–105]                           |
| Screening<br>Individuals At-Risk  | 1  |    |    |    | 2  | 1  | 1  | 2  |    | 1       | 1  | 5       |    | 2  | 17             |       | 33             | [106-138]                          |
| DISEASE<br>MANAGEMENT<br>SERVICES   | 4  | 2  | 3  | 1  | 2  | 2  |    |    | 1  | 8       |    | 7       | 1  |    | 10             |       | 41             |                                    |
| Chronic disease<br>management   | 3  | 2  | 1  | 1  | 2  | 2  |    |    | 1  | 1       |    | 5       | 1  |    | 6              |       | 25             | [139–163]                          |
| First Time<br>Dispensing<br>Intervention  |    |    |    |    |    |    |    |    |    |         |    | 1       |    |    | 2              |       | 3              | [164-166]                          |
| Therapeutic<br>adherence support  | 1  |    | 2  |    |    |    |    |    |    | 7       |    | 1       |    |    | 2              |       | 13             | [166-178]                          |
| INDIVIDUAL<br>CASE<br>MANAGEMENT<br>SERVICES                                      | 1  |    | 1  |    |    | 4  |    | 1  |    | 5       |    | 2       |    |    | 12             | 1     | 27             |                                    |
| Home or Nursing<br>Home Medication<br>Review                                      |    |    | 1  |    |    |    |    |    |    | 1       |    |         |    |    | 2              |       | 4              | [179-182]                          |
| Integrated Care<br>Pathways, Protocols<br>or Quality Circles<br>with Primary Care |    |    |    |    |    |    |    |    |    |         |    |         |    |    | 3              |       | 3              | [183-185]                          |
| Medication<br>Reconciliation  |    |    |    |    |    |    |    |    |    | 1       |    |         |    |    |                |       | 1              | [186]                              |
| Medication Review<br>and Medication<br>Therapy<br>Management<br><b>Total</b>      | 1  | 2  | 5  | 1  | 4  | 4  | 1  | 1  | 1  | 3<br>15 | 2  | 2<br>14 | 1  | 2  | 7<br><b>84</b> | 1     | 19<br>149      | [187-204]                          |

### **Table 5.** Country of research origin of interventions in CP primary studies in Europe

BE: Belgium; BG: Bulgaria; DK: Denmark; FI: Finland; FR: France; DE: Germany; IE: Ireland; IT: Italy; MT: Malta; NL: The Netherlands; PT: Portugal; ES: Spain; SE: Sweden; CH: Switzerland; UK: United Kingdom; \* Multiple countries: DH, DE, NL, UK, PT, IE, SE

CP: Community Pharmacy



Primary studies comprise 149 studies of which 85 studies addressing effectiveness or impact and 64 economic evaluations. Of 85 studies, 36 are randomized controlled trials (RCTs), 5 non-randomized trials (NRCTs), 1 repeated measures, 33 cross-sectional studies, and 10 other non-EPOC design (before-after and cohort studies). Of 64 economic evaluations, 59 obtained effectiveness estimates from studies that adopted an EPOC design.

Sixty-nine (46.3%) studies present a positive trend (effectiveness, impact, patient reported outcomes, economic outcomes, etc), 27 (18.1%) studies have mixed or inconclusive results, 6 (4%) have a negative trend, and trend is not reported in 8 (5.4%) studies. Some of these studies with no reported trend are cross-sectional (e.g. screening) where outcome of screening could not be captured. Twenty-four primary studies included in systematic reviews, mostly derived from grey literature on minor ailments, could not be found in electronic search.

Twenty-seven economic evaluations of 59 (46%) presented a positive trend, 10 (17%) are mixed or unclear, and 4 (7%) are negative. In further 18 studies (30%) the economic trend is not available because they derive from grey literature on minor ailments which could not be found in electronic search.

Screening at-risk individuals, chronic disease management, medication review, therapeutic adherence support and smoking cessation present a high proportion of positive trend on total studies within the intervention.

Table 6 provides an overview of direction of findings per pharmacy service.



| Interventions  | CP<br>primary<br>studies<br>(n) | Direction of findings |     | OBS | CP primary studies<br>included (REFs) |    |    |  |           |
|--|---------------------------------|-----------------------|-----|-----|---------------------------------------|----|----|--|-----------|
|  |                                 | Pos                   | Mix | Neg | NE                                    | NA | NR |  |           |
| HEALTH PROMOTION<br>SERVICES   |                                 |                       |     |     |                                       |    |    |  |           |
| Health education   | 3                               | 1                     | 2   |     |                                       |    |    |  | [58-60]   |
| Smoking Cessation  | 12                              | 10                    | 2   |     |                                       |    |    |  | [61-72]   |
| Weight Management  | 2                               |                       | 2   |     |                                       |    |    |  | [73,74]   |
| SCREENING AND<br>REFERRAL SERVICES   |                                 |                       |     |     |                                       |    |    |  |           |
| Common/Minor Ailment<br>Management   | 31                              | 4                     | 1   |     | 5                                     | 21 |    | Several primary studies<br>reported in grey<br>literature referenced in<br>SR but no longer<br>available | [75-105]  |
| Screening Individuals At-Risk  | 33                              | 19                    | 3   |     | 1                                     | 2  | 8  | Not reported likely due<br>to no referral<br>information or no<br>confirmation of<br>diagnosis           | [106-138] |
| DISEASE MANAGEMENT<br>SERVICES   |                                 |                       |     |     |                                       |    |    |  |           |
| Chronic disease management   | 25                              | 13                    | 4   | 3   | 4                                     | 1  |    |  | [139–163] |
| First Time Dispensing<br>Intervention  | 3                               | 2                     | 1   |     |                                       |    |    |  | [164–166] |
| Therapeutic adherence support  | 13                              | 8                     | 3   | 1   | 1                                     |    |    |  | [166–178] |
| INDIVIDUAL CASE<br>MANAGEMENT SERVICES   |                                 |                       |     |     |                                       |    |    |  |           |
| Home or Nursing Home<br>Medication Review  | 4                               | 1                     | 1   |     | 2                                     |    |    |  | [179–182] |
| Integrated Care Pathways /<br>protocols or Quality Circles in<br>place with primary care | 3                               | 1                     | 1   |     | 1                                     |    |    |  | [183-185] |
| Medication Reconciliation  | 1                               |                       | 1   |     |                                       |    |    |  | [186]     |
| Medication Review  | 19                              | 10                    | 6   | 2   | 1                                     |    |    |  | [187-204] |
| Total  | 149                             | 69                    | 27  | 6   | 15                                    | 24 | 8  |  |           |

### Table 6. Characteristics of interventions in primary studies in community pharmacy in Europe

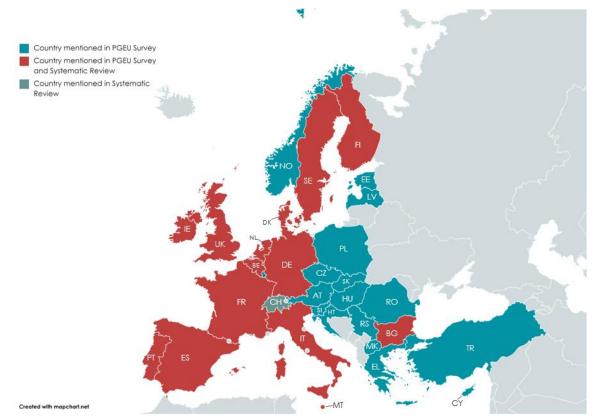
CP: Community Pharmacy; Pos: Positive; Mix: Mixed or unclear; Neg: Negative; NE: Non-EPOC; NA: Not Available; NR: Not Reported; OBS: Observations; SR: Systematic Review



While mapping current practices of pharmacy services reflects replies from 32 countries in Europe, however it is important to note that the available evidence on some of these services came from studies conducted in 15 countries in Europe.

Figure 3 illustrates the contribution of country research described in primary studies included in systematic reviews.

Fig. 3. Map of countries with research vs. practices of pharmacy services in primary studies of systematic reviews





# **3.2.** Part 2 – Pharmacy interventions on COVID-19

# **3.2.1.** Mapping of current pharmacy interventions on COVID-19

We have received replies to Country Survey Part 2: Pharmacy Interventions on COVID-19 from 32 PGEU member countries.

The most common pharmacy measures and interventions on COVID-19 in place in all 32 European countries were: patient information and education on preventive measures; queue management in pharmacies; floor marking inside pharmacies; and barriers at counters in pharmacies.

The second tier was in place in 26-31 countries. This included: protocols for disinfection of surfaces; use of masks by staff; stock and supply of hand sanitizers; stock and supply of protective masks; symptom-based referral pathways for suspected cases; increased demand / changes to home delivery of medicines; and reestablishing patient care services and stock levels.

The third tier was in place in 14-25 countries and included: stock and supply of essential medicines; dealing with the supply of medicines shortages; preparing alcohol-based hand sanitizer formulations; and pharmacy telephone support to vulnerable patients during isolation / lockdown.

The fourth tier was in place in 6-13 countries: 1st and 2nd line pharmacy staff; quantity limits dispensed; increased demand / changes to repeat dispensing; emergency supply of medicines, supply of medicines usually supplied in the hospital setting; hotline numbers for home delivery of medicines; and protocol for pharmacies for reporting on domestic violence during isolation / lockdown.

The least frequent interventions on COVID-19 (practiced in less than 6 countries) include: use of other Personal Protective Equipment (PPE) by staff; restriction in opening hours; temporary suspension of patient care services; point-of-care antigen test-based referral pathways for suspected cases; temporary waived prescription copayments for vulnerable patients; drive thru pharmacy services;



and referral pathways of exposed patients to antibody testing for immunity assessment against COVID-19.

Seventeen interventions had expanded powers granted to pharmacists in 16 countries including: increased demand / changes to repeat dispensing; dealing with the supply of medicines shortages; supply of medicines usually supplied in hospital; preparing alcohol-based hand sanitizers; protocol for pharmacies for reporting on domestic violence during isolation / lockdown; temporary waived prescription copayments for vulnerable patients; use of masks by staff; stock and supply of essential medicines; point-of-care antigen test-based referral pathways for suspected cases; emergency supply of medications; increased demand / changes to home delivery of medicines; pharmacy telephone support to vulnerable patients during isolation / lockdown; dealing with new vulnerable patients and referral pathways of exposed patients to antibody testing.

Twenty countries passed legislation in view of COVID-19 for 23 interventions, including: stock and supply of hand sanitizers; preparing alcohol hand sanitizers; increased demand / changes to repeat dispensing; stock and supply of essential medicines; supply of medicines usually supplied in hospital, just to mention the most frequent.

At the time of reply (September 2020) emergency temporary closures of pharmacies had occurred in Germany (30 pharmacies), Spain (20), Sweden (10-20), Portugal (15), Croatia, Luxembourg, and Poland (2), Belgium (1). Czech Republic, Ireland, Norway, and Greece also reported temporary closures of pharmacies. These figures may have increased or changed.

Deaths of pharmacy staff due to COVID-19 were reported to have occurred in Spain (19), Turkey (15), Italy (16), UK (3), North Macedonia (1). However, not all countries were able to report on this. These figures may have increased.

Table 7 provides a summary of current pharmacy measures and interventions on COVID-19 in Europe.



### Table 7. Current pharmacy interventions on COVID-19 in Europe

|     | Pharmacy interventions on<br>COVID-19                                    | Provided in most (≥80%)<br>pharmacies  | Expanded<br>powers<br>granted to<br>pharmacists | Remunerated by<br>Government /<br>Health Payer | Extra<br>legistation<br>passed in<br>view of<br>COVID-19 |
|-----|--|--|---|--|--|
| PRE | VENTION: Measures to reduce health                                       | risks of COVID-19 pandemic   |   |  |  |
| 1   | Patient information and education on preventive measures                 | 32 countries:<br>AT; BE; BG; HR; CZ; FI; FR; IE; IT;<br>XK; LU; NL; MK; NO; PL; PT; RO;<br>SI; ES; SE; UK; DK; EL; SK; TR;<br>DE; RS; CY; EE; HU; LV; MT | PL  |  | PL; RS   |
| 2   | Protocols in place for disinfection of pharmacy surfaces                 | 31 countries:<br>AT; BE; BG; HR; CZ; FI; FR; IE; IT;<br>XK; LU; NL; MK; NO; PT; RO; SI;<br>ES; SE; UK; DK; EL; SK; TR; DE;<br>RS; CY; EE; HU; LV; MT     |   |  | RS   |
| 3   | Use of disposable masks by pharmacy<br>staff                             | 30 countries:<br>AT; BE; BG; HR; CZ; FR; IE; IT;<br>XK; LU; NL; MK; NO; PL; PT; RO;<br>SI; ES; UK; DK; EL; SK; TR; DE;<br>RS; CY; EE; HU; LV; MT         | BE; IE  | BE; IT; LU; PL; SI                             | SI   |
| 4   | Use of other Personal Protective<br>Equipment by pharmacy staff          | 3 countries:<br>IE; PL; EL   |   |  |  |
| 5   | Queue management in pharmacy   | 32 countries:<br>AT; BE; BG; HR; CZ; FI; FR; IE; IT;<br>XK; LU; NL; MK; NO; PL; PT; RO;<br>SI; ES; SE; UK; DK; EL; SK; TR;<br>DE; RS; CY; EE; HU; LV; MT |   |  | RS   |
| 6   | Floor marking inside pharmacy  | 32 countries:<br>AT; BE; BG; HR; CZ; FI; FR; IE; IT;<br>XK; LU; NL; MK; NO; PL; PT; RO;<br>SI; ES; SE; UK; DK; EL; SK; TR;<br>DE; RS; CY; EE; HU; LV; MT |   |  |  |
| 7   | Restriction in pharmacy opening hours                                    | 5 countries:<br>BG; HR; EL; TR; RS   |   |  | XK; RS   |
| 8   | Barriers at counters in pharmacies                                       | 32 countries:<br>AT; BE; BG; HR; CZ; FI; FR; IE; IT;<br>XK; LU; NL; MK; NO; PL; PT; RO;<br>SI; ES; SE; UK; DK; EL; SK; TR;<br>DE; RS; CY; EE; HU; LV; MT |   |  | RS   |
| 9   | Temporary suspension of patient care services                            | 1 country:<br>SE   |   |  |  |
| PRE | PAREDNESS: Measures to ensure tim  | ely and effective responses from t   | he healthcare                                   | system   |  |
| 10  | Business continuity plan - for $1^{st}$ and $2^{nd}$ line pharmacy staff | 10 countries:<br>CZ; FI; IE; XK; LU; NO; SE; UK;<br>RS; PT   |   |  |  |
| 11  | Stock and supply of essential medicines (as defined in your country)     | 20 countries:<br>BE; HR; FI; FR; IE; LU; MK; NO;<br>PT; RO; SI; SE; DK; EL; TR; DE;<br>RS; EE; LV; MT  | FI; IE  | LU; MK; RO; SI;<br>EL; TR; DE; RS;<br>EE; MT   | FI; IE; SK   |
| 12  | Stock and supply of hand sanitizers                                      | 26 countries:<br>BE; CZ; FI; FR; IE; XK; LU; NL;<br>MK; NO; PL; PT; RO; SI; ES; SE;<br>UK; EL; SK; TR; DE; RS; EE; HU;<br>LV; MT                         | BE  |  | CZ; NL; PL;<br>EL; SK; TR;<br>DE; RS                     |
| 13  | Stock and supply of protective masks                                     | 28 countries:<br>BE; HR; CZ; FI; FR; IE; IT; XK; LU;<br>NL; MK; NO; PL; PT; RO; SI; ES;<br>SE; UK; EL; SK; TR; DE; RS; EE;<br>HU; LV; MT                 | BE  | BE; FR   | FR   |
| 14  | Quantity limits for patient for the supply of individual medicines       | 11 countries:<br>BE; HR; FI; FR; IE; NL; NO; PT; SI;<br>SE; SK   |   |  | FI; SI; SE   |



|     | Pharmacy interventions on<br>COVID-19  | Provided in most (≥80%)<br>pharmacies  | Expanded<br>powers<br>granted to<br>pharmacists | Remunerated by<br>Government /<br>Health Payer | Extra<br>legistation<br>passed in<br>view of<br>COVID-19 |
|-----|--|--|---|--|--|
| RES | PONSE: Immediate actions in respon   | se to COVID-19 pandemic  |   |  |  |
| 15  | Symptom-based referral pathways for suspected cases  | 31 countries:<br>AT; BE; BG; HR; CZ; FI; FR; IE; IT;<br>XK; LU; NL; MK; NO; PL; PT; RO;<br>ES; SE; UK; DK; EL; SK; TR; DE;<br>RS; CY; EE; HU; LV; MT |   |  |  |
| 16  | Point-of-care antigen test-based referral pathways for suspected cases   | 3 countries:<br>SE; UK; HU   | FR; UK  |  | FR   |
| 17  | Increased demand / changes to<br>repeat dispensing (=prescription<br>renewal of chronic medications)           | 7 countries:<br>AT; FR; IE; IT; PT; UK; RS   | FR; IE; IT;<br>PT; RS                           | ΙΤ; UK   | FR; IE; PT; UK   |
| 18  | Emergency supply of medications (without prescription)   | 7 countries:<br>AT; BE; IE; IT; NO; PL; PT   | IE; ES  | ES   | IE   |
| 19  | Supply of those medicines, which are usually supplied in the hospital setting (e.g. oncology, antiretroviral)  | 7 countries:<br>HR; FR; IE; XK; PT; ES; SE   | HR; FR; PT;<br>ES                               | HR; ES   | FR; PT; ES   |
| 20  | Increased demand / changes to home delivery of medicines   | 27 countries:<br>AT; BE; HR; CZ; FI; FR; IE; IT; LU;<br>NL; MK; NO; PT; RO; SI; ES; SE;<br>UK; DK; TR; DE; RS; CY; EE; HU;<br>LV; MT                 | ES; DE  | FI; DK; DE; LV                                 | CZ; LV   |
| 21  | Hotline numbers for home delivery of medicines   | 8 countries:<br>HR; FI; IE; IT; PT; SI; DE; LV   |   |  | LV   |
| 22  | Dealing with the supply of medicines shortages   | 15 countries:<br>AT; BE; ES; HR; FI; IE; IT; LU; NL;<br>NO; PT; UK; EL; SK; DE   | BE; HR; NL;<br>PT; UK                           | NL; DE   | DE   |
| 23  | Preparing alcohol-based hand sanitizer formulations  | 19 countries:<br>AT; BE; BG; HR; CZ; FR; IT; XK;<br>LU; NL; PL; SI; ES; DK; EL; SK;<br>TR; DE; CY  | BE; CZ; FI;<br>FR                               | HR; CZ; FI; SI;<br>ES; DK; TR; DE;<br>CY       | NL; EL; SK;<br>TR; DE                                    |
| 24  | Pharmacy telephone support to<br>vulnerable patients during isolation /<br>lockdown                            | 25 countries:<br>HR; CZ; FI; FR; IT; XK; LU; NL;<br>MK; NO; PL; RO; SI; ES; SE; UK;<br>EL; TR; DE; RS; EE; HU; LV; MT;<br>PT                         | FI; NL  |  | LU   |
| 25  | Hotline numbers / protocol for<br>pharmacies for reporting on domestic<br>violence during isolation / lockdown | 6 countries:<br>AT; IT; NL; PT; ES; EL   | BE; FR; MT                                      |  | FR; NL   |
| 26  | Temporary waived prescription copayments for vulnerable patients   | 3 countries:<br>BE; DK; RS   | BE; FR; RS                                      |  | FR   |
| 27  | Drive thru pharmacy services (initiated or increased)  | 1 country:<br>SE   |   |  |  |
| REC | OVERY: Measures to return to "norm   |  |   |  |  |
| 28  | Reestablishing normal patient care services and stock levels   | 31 countries:<br>AT; BE; BG; HR; CZ; FI; FR; IT;<br>XK; LU; NL; MK; NO; PL; PT; RO;<br>SI; ES; SE; UK; DK; EL; SK; TR;<br>DE; RS; CY; EE; HU; LV; MT |   |  | UK   |
| 29  | Dealing with the new vulnerable patients due to pandemic   | 30 countries:<br>AT; BE; BG; HR; CZ; FI; FR; IT;<br>XK; LU; NL; MK; NO; PL; PT; RO;<br>ES; SE; UK; DK; EL; SK; TR; DE;<br>RS; CY; EE; HU; LV; MT     | UK  | UK   |  |
| 30  | Referral pathways of exposed patients<br>to antibody testing for immunity<br>assessment against COVID-19       | 3 countries:<br>PL; SE; DK   | FR  | IT (regional<br>scheme)                        | FR   |

AT: Austria; BE: Belgium; BG: Bulgaria; CZ: Czech Republic; CY: Cyprus; DK: Denmark; DE: Germany; EE: Estonia; IE: Ireland; EL: Greece; ES: Spain; FI: Finland; FR: France; HR: Croatia; HU: Hungary; IT: Italy; LV: Latvia; LU: Luxembourg; MK: North Macedonia; MT: Malta; NL: The Netherlands; NO: Norway; PL: Poland; PT: Portugal; RO: Romania; RS: Serbia; SE: Sweden; SI: Slovenia; SK: Slovakia; TR: Turkey; UK: United Kingdom; XK: Kosovo



#### **Table 8.** Current pharmacy interventions on COVID-19 in Europe – country overview

|  |      |       |       |       |       |       |      |    |     |    |    |    |    |    |    |    | Cou      | intry | /  |    |      |   |      |     |     |   |    |     |       |     |       |       |       |     |
|--|------|-------|-------|-------|-------|-------|------|----|-----|----|----|----|----|----|----|----|----------|-------|----|----|------|---|------|-----|-----|---|----|-----|-------|-----|-------|-------|-------|-----|
| Pandemic response stage  | АТ   | BE    | BG    | i Cì  | cz    | D     | E DI | кЕ | EE  | EL | ES | FI | FR | HR | нυ | IE | IT       | LU    | LV | МК | к мт |   | . NO | D P | L P | т | RO | RS  | SE    | SI  | ѕк    | TR    | UK    | хк  |
| PREVENTION: Measures to reduce health risks of COVID-19 pandem           | nic  |       |       |       |       |       |      |    |     |    | ľ  |    |    |    |    |    |          |       |    |    |      |   |      |     |     |   |    | ľ   |       |     |       |       |       |     |
| Patient information and education on preventive measures                 |      |       |       |       |       |       |      |    |     |    |    |    |    |    |    |    |          |       |    |    |      |   |      | ¢   |     |   |    | •   |       |     |       |       |       |     |
| Protocols in place for disinfection of pharmacy surfaces                 |      |       |       |       |       |       |      |    |     |    |    |    |    |    |    |    |          |       |    |    |      |   |      |     |     |   |    | •   |       |     |       |       |       |     |
| Use of disposable masks by pharmacy staff                                |      | €     |       |       |       |       |      |    |     |    |    |    |    |    |    |    | €        | €     |    |    |      |   |      | €   | :   |   |    |     | :     | €♦  |       |       |       |     |
| Use of other Personal Protective Equipment by pharmacy staff             |      |       |       |       |       |       |      |    |     |    |    |    |    |    |    |    |          |       |    |    |      |   |      |     |     |   |    |     |       |     |       |       |       |     |
| Queue management in pharmacy   |      |       |       |       |       |       |      |    |     |    |    |    |    |    |    |    |          |       |    |    |      |   |      |     |     |   |    | •   |       |     |       |       |       |     |
| Floor marking inside pharmacy  | -    |       |       |       |       |       |      |    |     |    |    |    |    |    |    |    |          |       |    |    |      |   |      |     |     |   |    |     |       |     |       |       |       |     |
| Restriction in pharmacy opening hours                                    |      |       |       |       |       |       |      |    |     |    |    |    |    |    |    |    |          |       |    |    |      |   |      |     |     |   |    | ٠   |       |     |       |       |       | ٠   |
| Barriers at counters in pharmacies                                       |      |       |       |       |       |       |      |    |     |    |    |    |    |    |    |    |          |       |    |    |      |   |      |     |     |   |    | •   |       |     |       |       |       |     |
| Temporary suspension of patient care services                            |      |       |       |       |       |       |      |    |     |    |    |    |    |    |    |    |          |       |    |    |      |   |      |     |     |   |    |     |       |     |       |       |       |     |
| PREPAREDNESS: Measures to ensure timely and effective responses          | fror | n the | e hea | althc | are s | syste | em   |    |     |    |    |    |    |    |    |    |          |       |    |    |      |   |      |     |     |   |    |     |       |     |       |       |       |     |
| Business continuity plan - for $1^{st}$ and $2^{nd}$ line pharmacy staff |      |       |       |       |       |       |      |    |     |    |    |    |    |    |    |    |          |       |    |    |      |   |      |     |     |   |    |     |       |     |       |       |       |     |
| Stock and supply of essential medicines (as defined in your country)     |      |       |       |       |       | €     |      | (  | ε ( | €  |    |    |    |    |    |    |          | €     |    | €  | €    |   |      |     |     |   | €  | €   |       | €   | ٠     | €     |       |     |
| Stock and supply of hand sanitizers                                      |      |       |       |       | €∢    | •     | •    | (  | ε . | •  | €  | €  |    |    | €  |    | <u> </u> | €     | €  |    | €    | • | €    | €   | •   |   | €  | 5.♦ | €     |     | •     | €♦    | €     |     |
| Stock and supply of protective masks                                     |      |       |       |       | €     |       |      | €  | ε   |    |    | €  | €♦ |    | €  |    |          | €     | €  |    | €    |   | €    | €   | :   |   |    | €   | €     | €   |       | €     | €     |     |
| Quantity limits for patient for the supply of individual medicines       |      |       |       |       |       |       |      |    |     |    |    | •  |    |    |    |    |          |       |    |    |      |   |      |     |     |   |    |     | ٠     | ٠   |       |       |       |     |
|  | 1    |       |       | 1     |       |       |      |    |     |    |    |    |    |    |    |    |          | 1     | -  | -  | 1    |   |      |     |     |   |    | C   | ontin | ues | on th | ie ne | xt pa | age |



Advancing Knowledge Transforming Healthcare

| (Continuation)  |    |    |    |    |    |    |     |   |      |     |     |    |     |    |    |    | Cou | ntry |    |    |    |    |    |    |    |    |    |    |    |    |     |       |
|---|----|----|----|----|----|----|-----|---|------|-----|-----|----|-----|----|----|----|-----|------|----|----|----|----|----|----|----|----|----|----|----|----|-----|-------|
| Pandemic response stage   | AT | BE | BG | СҮ | cz | DE | Dk  | E | E EL | . E | s I | FI | FR  | HR | нυ | IE | IT  | LU   | LV | мк | мт | NL | NO | PL | РТ | RO | RS | SE | SI | SK | TR  | ик хк |
| <b>RESPONSE:</b> Immediate actions in response to COVID-19 pandemic   |    |    |    |    |    |    |     |   |      |     |     |    |     |    |    |    |     |      |    |    |    |    |    |    |    |    |    |    |    |    |     |       |
| Symptom-based referral pathways for suspected cases   |    |    |    |    |    |    |     |   |      |     |     |    |     |    |    |    |     |      |    |    |    |    |    |    |    |    |    |    |    |    |     |       |
| Point-of-care antigen test-based referral pathways for suspected cases  |    |    |    |    |    |    |     |   |      |     |     |    | •   |    |    |    |     |      |    |    |    |    |    |    |    |    |    | €  |    |    |     |       |
| Increased demand / changes to repeat dispensing (=prescription renewal of chronic medications)                |    |    |    |    |    |    |     |   |      |     |     |    |     |    |    |    | €   |      |    |    |    |    |    |    |    |    |    |    |    |    | •   | ε 🔶   |
| Emergency supply of medications (without prescription)  |    |    |    |    |    |    |     |   |      | €   | Ξ   |    |     |    |    |    |     |      |    |    |    |    |    |    |    |    |    |    |    |    |     |       |
| Supply of those medicines, which are usually supplied in the hospital setting (e.g. oncology, antiretroviral) |    |    |    |    |    |    |     |   |      | €   |     |    |     | ¢  |    |    |     |      |    |    |    |    |    |    |    |    |    |    |    |    |     |       |
| Increased demand / changes to home delivery of medicines  |    |    |    |    | •  | €  | €   |   |      |     |     | €  |     |    |    |    |     |      | €♦ |    |    |    |    |    |    |    |    |    |    |    |     |       |
| Hotline numbers for home delivery of medicines  |    |    |    |    |    |    |     |   |      |     |     |    |     |    |    |    |     |      | ٠  |    |    |    |    |    |    |    |    |    |    |    |     |       |
| Dealing with the supply of medicines shortages  |    |    |    |    |    | €∢ | •   |   |      |     |     |    |     |    |    |    |     |      |    |    |    | €  |    |    |    |    |    |    |    |    |     |       |
| Preparing alcohol-based hand sanitizer formulations   |    |    |    | €  | €  | €∢ | • € |   | •    | €   | 2   | €  |     | €  |    |    |     |      |    |    |    | ٠  |    |    |    |    |    |    | €  | •  | ε ♦ |       |
| Pharmacy telephone support to vulnerable patients during isolation / lockdown                                 |    |    |    |    |    |    |     |   |      |     |     | Ŵ  |     |    |    |    |     | ٠    |    |    |    |    |    |    |    |    |    |    |    |    |     |       |
| Hotline numbers / protocol for pharmacies for reporting on domestic violence during isolation / lockdown      |    |    |    |    |    |    |     |   |      |     |     | ŧ  | € ♦ |    |    |    |     |      |    |    |    | ٠  |    |    |    |    |    |    |    |    |     |       |
| Temporary waived prescription copayments for vulnerable patients  |    |    |    |    |    |    |     |   |      |     |     | €  | € ♦ |    |    |    |     |      |    |    |    |    |    |    |    |    |    |    |    |    |     |       |
| Drive thru pharmacy services (initiated or increased)   |    |    |    |    |    |    |     |   |      |     |     |    |     |    |    |    |     |      |    |    |    |    |    |    |    |    |    |    |    |    |     |       |
| RECOVERY: Measures to return to "normal" activities post-pandemic   |    |    |    |    |    |    |     |   |      |     |     |    |     |    |    |    |     |      |    |    |    |    |    |    |    |    |    |    |    |    |     |       |
| Reestablishing normal patient care services and stock levels  |    |    |    |    |    |    |     |   |      |     |     |    |     |    |    |    |     |      |    |    |    |    |    |    |    |    |    |    |    |    |     | •     |
| Dealing with the new vulnerable patients due to pandemic  |    |    |    |    |    |    |     |   |      |     |     |    |     |    |    |    |     |      |    |    |    |    |    |    |    |    |    |    |    |    |     | ¢     |
| Referral pathways of exposed patients to antibody testing for<br>immunity assessment against COVID-19         |    |    |    |    |    |    |     |   |      |     |     |    | •   |    |    |    | €   |      |    |    |    |    |    |    |    |    |    |    |    |    |     |       |

AT: Austria; BE: Belgium; BG: Bulgaria; CZ: Czech Republic; CY: Cyprus; DK: Denmark; DE: Germany; EE: Estonia; IE: Ireland; EL: Greece; ES: Spain; FI: Finland; FR: France; HR: Croatia; HU: Hungary; IT: Italy; LV: Latvia; LU: Luxembourg; MK: North Macedonia; MT: Malta; NL: The Netherlands; NO: Norway; PL: Poland; PT: Portugal; RO: Romania; RS: Serbia; SE: Sweden; SI: Slovenia; SK: Slovakia; TR: Turkey; UK: United Kingdom; XK: Kosovo

Provided in most (≥80%) pharmacies

Expanded powers granted to pharmacists

Provided in most ( $\geq$ 80%) pharmacies and expanded powers granted to pharmacists

C Remunerated by Government / Payer

• Extra legislation passed in view of COVID-19



## **3.2.2.** Evidence on pharmacy interventions on COVID-19

We identified 5 studies meeting inclusion criteria published between March and July 2020 and further 2 using hand search [15,205–210].

Three studies were from the UK, 2 from Ireland, 1 from Croatia, 1 from Poland.

The studies were published in 4 different journals: 2 in pharmacy journals; 1 in disease / medical journals; and 1 in patient experience journal.

Two studies were cross-sectional studies using surveys in community pharmacies during pandemic onset, 2 were literature reviews, and 3 were perspective papers reflecting on enhanced roles based on pharmacy interventions on COVID-19 undertaken by pharmacists.

The cross-sectional studies conducted in community pharmacies and the reviews identified a wide range of pharmacy measures and interventions on COVID-19 that were put in place within a short time. This include: 1) prevention measures to reduce health risks, such as: patient information and education not only on preventive strategies but also dealing with misinformation and questions on potential COVID-19 treatments; protocols for disinfection of pharmacy premises; use of masks and PPE; restrictions in opening hours; 2) preparedness measures to ensure timely and effective responses, such as: division of staff into teams, when possible; stock and supply of medicines; stock and supply of hand sanitizers and masks; limited quantity dispensed; 3) Immediate actions as response measures, such as: point-of-care antigen test-based referral pathways for suspected cases; increased demand or changes to repeat dispensing; changes in emergency supply; supply of certain hospital medicines; changes in home delivery; dealing with shortages; preparing alcohol-based hand sanitizer; remote support to vulnerable patients; protocol for reporting on domestic violence, and referral pathways of exposed patients to antibody testing for immunity assessment against COVID-19 [206,209].



Merks et al. review novel legal authorizations granted to community pharmacists during COVID-19 pandemic which include the following in 11 European countries: e-prescribing; relaxation of regulations on controlled drugs; right to prepare alcohol-based and hand sanitizers; substitution right when in short supply due to shortages; dispensing certain hospital medicines; changes to emergency supply; changes to repeat dispensing of chronic medication; home delivery to vulnerable patients [205].

Finally, perspective commentaries offer a reflection on additional new roles for pharmacy relevant in public health crisis including most already reported in cross-sectional studies and reviews. Other roles could include: managing common ailments at reduced costs for patients; promoting medication adherence, medication review and disease management. These are all ways to alleviate pressure on health services; and to explore the opportunities in drive-thru pharmacy services [15,208,210].

Three papers reported difficulties experienced by pharmacies. This included: failure to obtain PPE from the health services to pharmacy staff; price increases by the wholesalers and suppliers; frequent inspections from authorities; extended working hours; dealing with angryered patients; financial loss in the pharmacy; reimbursement delays to pharmacies; and staff mental health [206,208,209].

Table 9 summarizes the findings of our review of studies addressing pharmacy interventions on COVID-19 in Europe.



**Table 9.** Summary of findings of studies on pharmacy measures and interventions on COVID-19 in Europe

| First author<br>(month yr)<br>[REF] | Objective   | Country<br>of origin | Study<br>design                      | Pharmacy interventions on COVID-19  | Other key findings   |
|-------------------------------------|---|----------------------|--------------------------------------|---|--|
| Cadogan CA<br>(March 2020)<br>[15]  | To highlight additional roles<br>that can be undertaken by<br>community pharmacists in<br>public health crisis and could<br>help to alleviate pressure on<br>general practice and other<br>health areas | IE                   | Perspective<br>paper                 | Additional roles for pharmacists relevant in public health crisis: 1) Managing minor<br>ailments with OTC treatment at reduced costs for patients. 2) Extended prescribing<br>roles, repeat dispensing, or emergency supplies at patient's request. 3)Stock supply and<br>management, limiting quantity dispensed. 4) Promoting medication adherence in<br>assymptomatic chronic disease patients, particularly in case of loss of income. 5)<br>Pharmacist-provided medication reviews and chronic disease management supported by<br>health services. | NR   |
| Parkhurst C<br>(May 2020)<br>[208]  | Describe the importance of<br>community pharmacies during<br>a public health crisis and the<br>main difficulties experienced  | UK                   | Perspective<br>paper                 | Interventions provided by CP in UK: 1) Increasing number of patients in pharmacy for chronic disease management because of closed GP. 2) Stockpiling of medicines both prescription and OTC. 3) Restricted operating hours allowed. 4) Phone calls to GPs. 5) Home deliveries increased.  | 1) Queue management difficult to<br>manage. 2) Failure of PPE to pharmacy<br>staff by NHS. 3) Closure of pharmacies,<br>financial impact. 4) Reimbursement<br>delays to pharmacies. 5) Angered<br>patients   |
| Hayden JC<br>(May 2020)<br>[207]    | To review the pandemic-<br>related challenges and<br>responses by pharmacists, as<br>well as recommend areas of<br>professional support and role<br>expansion, particularly in<br>mental health.        | IE                   | Review                               | <ol> <li>Pharmacy premises adapted. 2) Restricted opening hours. 3) Patient information on<br/>COVID-19, misinformation, preventive measures. 4) Division of staff into teams. 5)<br/>Stock management of medicines and sanitizers. 6) Sourcing alternatives for shortages.</li> <li>Referral pathways for suspected cases. 7) Extended validity of prescriptions. 8)<br/>Expanded emergency supply. 9) Emergency supply of controlled drugs. 10) Delivery<br/>services. 11) Telephone / email for requests of vulnerable patients.</li> </ol>          | NR   |
| Hoti K<br>(June 2020)<br>[206]      | To explore the experiences of<br>community pharmacists in<br>relation to provision of<br>community pharmacy services<br>during COVID-19 pandemic  | ХК                   | Cross-<br>sectional<br>study (April) | 1) Informing patients on medication currently being discussed for COVID-19. 2) monitoring patients for non-COVID health conditions. 3) Patient information on preventive measures. 4) Protocols in place for desinfection of surfaces. 5) Use of disposable masks by staff. 6) Use of PPE by staff. 7) Queue management. 8) Barriers at counters. 9) Increased demand of medication.  | <b>Negative:</b> 1) Price increases; 2) Patient<br>panic, stockpiling; 3) Worrying about<br>getting infected; 4) Frequent pharmacy<br>inspections; 5) Negative financial<br>impact; 6) Extended working hours.<br><b>Positive:</b> 1) Moral and sense of duty; 2)<br>Opportunity to align with other providers |



| First author<br>(month yr)<br>[REF] | Objective   | Country<br>of origin | Study<br>design                            | Pharmacy interventions on COVID-19   | Other key findings   |
|-------------------------------------|---|----------------------|--|--|--|
| Zaidi STR<br>(July 2020)<br>[209]   | To understand the protective<br>practices and well-being of<br>pharmacists, and the delivery<br>of pharmacy services during<br>the COVID 19 pandemic. | UK                   | Cross-<br>sectional<br>study<br>(May/June) | 1) Increased number of patients. 2) Patient information on potential medicines for COVID-19. 3) Pharmacy premises reorganization. 4) Use of mask or PPE by pharmacy staff. 5) Limiting quantity dispensed. 6) Stock management. 7) Symptom-based referral pathway for suspected cases. 8) Dealing with significant or critical drug shortages. 9) Dealing with inappropriate behavior from patients or carers  | Anxiety issues reported by pharmacy staff  |
| Hussain R<br>(July 2020)<br>[210]   | To provide an overview of<br>opportunities and challenges<br>of "drive-thru pharmacy<br>services" in improving public<br>health during this crisis.   | UK                   | Perspective<br>paper                       | Drive thru pharmacy services and enhanced IT enablers as an opportunity to improve protection and safety for staff and patients, faster dispensing, and convenience during COVID-19 pandemic   |  |
| Merks P<br>(June 2020)<br>[205]     | To review the legal extension<br>of the role of pharmacists in<br>light of the COVID-19<br>pandemic   | PL                   | Review                                     | Novel legal authorizations granted to community pharmacists: <b>AT</b> : e-prescribing, relaxation of regulations on dispensing controlled medicines; <b>BE</b> : preparing alcohol, exclusive right to sell PPE, masks and alcoholgel. <b>HR</b> : Substitution of medicine in short supply, home delivery to vulnerable patients, increased quantity of haemophilia medication dispensed. <b>C2</b> : Compounding antiseptic solutions, hand sanitizers, alcoholic gels, renewal of chronic treatment, protocol for reporting domestic violence. <b>DE</b> : preparation of alcoholic gel. <b>IT</b> : Administration of oxygen to patients, e-prescribing, home delivery to vulnerable patients, preparation of disinfectants. <b>NL</b> : video, telephone, email consultations, protocol for reporting domestic violence, preparation of disinfectant. <b>PL</b> : preparation of alcohol sanitizers, home delivery of medical devices, some prescribing authority. <b>PT</b> : Extension of emergency medicine delivery line to the whole country. <b>ES</b> : Home delivery to vulnerable and affected patients, dispensing hospital medicines in pharmacies. <b>UK</b> : extension of Minor Ailment Service and access to Emergency Care Summary Data, right to supply certain controlled drugs without prescription, home delivery to self-isolating patients | Several European countries adopted<br>new legal solutions to mitigate drug<br>shortages. |

OTC: Over-The-Counter Medicines; CP: Community Pharmacies; PPE: Personal Protective Equipment; IT: Information Technology

AT: Austria; BE: Belgium; CZ: Czech Republic; DE: Germany; ES: Spain; HR: Croatia; IE: Ireland; IT: Italy; NL: The Netherlands; PL: Poland; PT: Portugal; UK: United Kingdom; XK: Kosovo; NR: Not Reported.



While mapping current practices of pharmacy interventions on COVID-19 in 32 countries in Europe was possible, however it was observed that the studies were published in 4 countries in Europe. It is, however, likely that the research on pharmacy interventions on COVID-19 will expand in the coming months.

Figure 4 illustrates the (still) scarce country research.

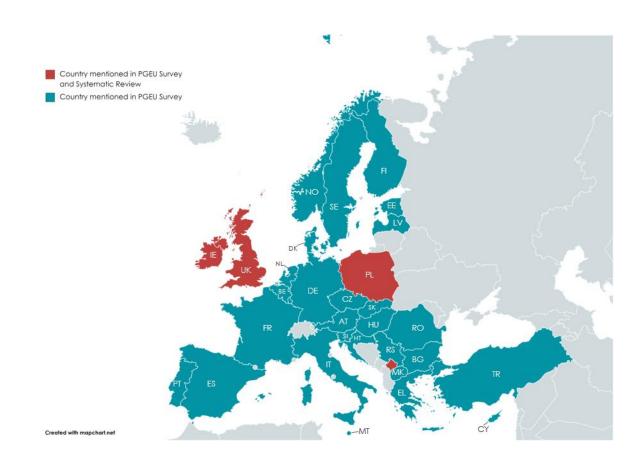


Fig. 4. Map of countries with research vs. practices of pharmacy interventions on COVID-19



# **4. DISCUSSION**

# 4.1. Summary of key findings

In this research, we mapped current practices on 38 pharmacy services and 30 pharmacy interventions on COVID-19 in 32 countries in Europe. We also reviewed the evidence on pharmacy services targetting more than 25 health conditions stemming from 38 systematic reviews comprising 149 primary studies. These studies were conducted in community pharmacies across Europe.

# 4.1.1. Pharmacy services

The most frequent pharmacy services provided in a vast majority of countries in most pharmacies under contract, agreement, legislation, and regulation were mostly related to dispensing as this is the core role of pharmacies. Some of these services are reimbursed by the government or the health care payer outside the standard pharmacy dispensing remuneration. These services reflect priorities given to efficiency (generic substitution), safety (pharmacovigilance), pharmacy expertise in preparing individualized or short expiry therapy (galenic formulation), and access to medicines during out-of-hours (night services). Most used and reimbursed services in most countries also reflect prioritization related to access to medication (repeat dispensing and high-cost therapy dispensing and management).

The second tier of most frequent pharmacy services in countries provided under a regulatory framework acknowledges the role of pharmacies in ensuring safety (emergency supply, urgent supply, refusal to dispense for safety reasons). This tier includes the first patient care service, medication review, not dispensing related, which is already reimbursed in most countries.

The third tier embraces a very different and wide spectrum of services provided and reimbursed outside the standard pharmacy dispensing remuneration in some countries. This goes far beyond the dispensing role, acknowledging the role of

69



pharmacies in adherence (dose administration aid, instruction on the use of devices, supervised consumption of medicines, first time dispensing intervention), integrated care pathways with primary care, and includes health promotion activities including pharmacist-delivered vaccination.

The fourth tier of services provided and already reimbursed within a regulatory framework in some countries includes newer roles for pharmacies in health promotion, screening, and disease management, such as smoking cessation, chronic disease management, common/minor ailment management, home or nursing home medication review and weight management.

In summary, the country mapping portrays numerous and diverse pharmacy services currently provided in Europe. This is far beyond the dispensing roles and some services are already reimbursed in some countries. This acknowledges the roles of pharmacies in health promotion, screening, disease, and in case management.

These findings are aligned with recommendations described in policy papers on integrated models of primary care, patient centered, and with more economic incentives that pursue expanded roles of pharmacy services [2–7].

There is substantial evidence on pharmacy services in systematic reviews covered in this research. However, this is not without methodological challenges. This is of typical of complex health interventions which operate at different levels (health systems, pharmacy settings, pharmacist, and patients).

Positive evidence of pharmacy services stemming from systematic reviews is fairly established for screening and referral (cardiovascular risk, diabetes, asthma and COPD, depression, osteoporosis, some cancers). Also, it well established for chronic disease management (e.g. cardiovascular risk, hypertension, diabetes, lipid, asthma), medication review or medication management, smoking cessation, and therapeutic adherence support. However, some studies present mixed or unclear results which may be due to: poor study designs; using broader scope of



population, intervention, and diverse outcomes.; and some interventions are poorly defined or presenting implementation issues, especially in standardization.

The systematic reviews also included studies on first time dispensing; integrated care pathways with primary care; medication reconciliation; common / minor ailments. However, they are few in numbers. The sparse evidence on these services may exist because some are either recent and/or limited to only few countries.

Systematic reviews covered in this research did not include primary studies addressing dispensing related services or for few other services (e.g. needle exchange, deprescribing, handling and disposal of expired or unwanted medicines). This is despite published studies available on some of these services however these were not included in these systematic reviews. This is likely due to limitations of our methodology (overview of systematic reviews) and/or limitations of our search strategy.

The overview of research conducted sought to include relevant overviews and systematic reviews complying with inclusion criteria with no restrictions on populations, interventions, comparators, or outcomes. This was done in attempt to be inclusive.

We identified the study design of primary studies included in systematic reviews using Cochrane EPOC study designs. We also assessed the direction of findings of effectiveness, impact, and economic evaluation studies. This assessment was performed for EPOC study designs and for cross-sectional screenings that reported referral performed by pharmacist.

The findings of this overview are consistent with reported results and issues described in the other overviews of systematic reviews [10,13,18,19]. In addition, these other overviews have also showed positive evidence for pharmacist-delivered flu vaccination and for pharmacists' delivered needle exchange services.

71



The proportion of economic evaluation studies with positive trend on total economic evaluation studies covered in these systematic reviews is lower (46%) than reported results in overview of Costa (71%) [10]. This is most likely because our overview was restricted to Europe and not focused on systematic evaluations of economic evaluation of pharmacy services and hence did not include many published studies on economic evaluation of pharmacy services.

The findings of this overview are aligned with recommendations of pursuing expanded roles and adequate remuneration of pharmacy services described in other overviews: policy changes favouring expanded roles of pharmacists require the integration of community pharmacists within the health system, a public informed about the new roles; performance-based incentives; and information systems in place [13]; complex health interventions delivered by pharmacists should be better standardized in future to reduce the variability which requires a closer collaboration between researchers and practitioners [18]; there is evidence that supports expanded roles of community pharmacists in health promotion and disease prevention public health programs, future studies should report impact of community pharmacy services on health inequalities [19].

## 4.1.2. Pharmacy interventions on COVID-19

The European country reports portray a wide array of pharmacy interventions on COVID-19 implemented in most pharmacies. This was done in several countries within a very short time frame. This reflects the highly reactive and adaptative character of pharmacies in response to the pandemic outbreak.

All 30 mapped pharmacy interventions and measures on COVID-19 have been provided throughout Europe although some more extensively than the others.

Almost all preventive measures to reduce health risks of COVID-19 (patient information, protocols for disinfection of surfaces, use of disposable masks, floor marking, and barrier at counters) have been the most frequent interventions



provided in most pharmacies in almost every country. Conversely, the use of PPE by staff, restricted opening hours, and temporary suspension of patient care services were not applied in most countries with a few exceptions. This is coherent with possible difficulties in accessing PPE, extended operations in response to stockpiling and may reflect, to a certain degree, a shift of some primary care patient care services to pharmacies.

The most frequent reported measures to ensure timely and effective responses from the healthcare system included stock and supply of medicines, as well as hand sanitizers and masks. This reflected the pharmacies preparedness for stockpiling and increased demand for services and products.

It is also interesting to note that most frequent immediate actions in response to pandemic include symptom-based referral pathways for suspected cases, increased demand to home delivery of medicines, pharmacy telephone support to vulnerable patients during isolation and dealing with the new vulnerable patients. These are all important patient care interventions in screening, access, and vulnerable patient support. This exceeds far beyond pharmacist's traditional dispensing role.

Even more interesting are expanded powers granted to pharmacies and legislation passed in view of COVID-19. This allowed pharmacies to provide certain services reflecting the need to provide improved and faster access to medication and relevant products, patient screening as well as referral. This also included support to vulnerable patients through an organized, reliable, and safe network.

Emergency temporary closures of pharmacies also occurred in several countries. This impacted on patients' access and patient care and have a negative economic impact. In small towns this also means that this could be a risk of reputation damage, when temporary closures occur.

Research on pharmacy interventions on COVID-19 is still scarce and it is in its infancy stage. However, the literature has confirmed the wide array of

73



interventions provided and expanded powers granted to pharmacies to combat COVID-19.

Pharmacy associations also played an important supporting role to pharmacists by developing and updating guidance and emergency plans to assist community pharmacists. An editorial paper from April 2020 outlines how countries outside Europe learned from guidance developed by pharmacy associations in Europe. This paper highlighted the role of pharmacists in the COVID-19 pandemic, namely by providing services amidst pandemic, including screening, seeing patients and reducing the patients' burden on health care facilities such as hospitals and General Practitioner (GP) practices, providing home deliveries, as well as dealing with the increasing number of patients coming through to pharmacies with the other ailments. Guidelines from pharmacy associations have been adopted and adapted by other countries [211], including by the International Pharmaceutical Federation (FIP) which created a hub of information for pharmacists worldwide [212].

The World Pharmacy Council (WPC) also released an important report in September 2020 highlighting the frontline role of community pharmacy during the COVID-19 pandemic, examining the learnings so far, and making recommendations for the future [213].

## 4.2. Strengths and limitations

### 4.2.1. Strengths

This research is, to our best knowledge, the first using a comprehensive mixed methods approach combining mapping of current practices of pharmacy services and interventions on COVID-19 in 32 countries in Europe.

We generated a list of 38 pharmacy services and further hierarchized them under the Kaiser pyramid care model. This enabled to interpret findings on pharmacy services in terms of stratified population health management.



Similarly, we generated a list of 30 pharmacy interventions on COVID-19 and further classified them under the categories which correspond to the steps in response to public health emergencies, building on the work of previous authors. This enabled to interpret findings on pharmacy interventions on COVID-19 in terms of stages used in response to public health emergencies.

We used the overview of existing overviews and systematic reviews of pharmacy services meeting inclusion criteria as a method to collect robust evidence within a short period of time available for this research. We prioritized the evidence by first looking at existing overviews (reviews of systematic reviews), at included systematic reviews and, where necessary, at included primary studies of pharmacy services. For interventions on COVID-19 we used a review of primary studies as there are no systematic reviews yet available.

Randomized trials are the gold standard in assessing efficacy. However, they may not fully capture effectiveness in real-world practice and may be impractical. Hence, study designs for the effectiveness of health care interventions tend to be more flexible. However, there must be a balance between acceptable and robust study designs under real-world constraints vs accepting all evidence regardless of study design. The direction of effect reported for the evidence on pharmacy services used a conservative approach and was performed on studies that followed Cochrane EPOC study designs and cross-sectional when reporting referral performed for high-risk patients, in attempt to report results of more robust study designs.

### 4.2.2. Limitations

Mapping current practices relied on reported data from one or two individuals, hence, this could vary from the real practice. However, it would have been impractical to perform surveys to a representative sample of pharmacies in all 32 countries and it is acknowledged that country pharmacy organizations tend to have a fair knowledge on current practices of most pharmacy services.



Pharmacy services are complex health interventions which operate at different levels. In complex health interventions, variations exist for the same intervention under different health systems, different pharmacies, different pharmacists within the same pharmacy, and real-world patients. This is different to the controlled environments such as clinical trials. This creates challenges not only in terms of diverse practices but also researching complex health interventions, including pharmacy, as this tends to present heterogeneity.

While an overview of systematic reviews allows for a quicker method to collect robust evidence within a short period of time, it is also not without challenges. As the detail available in original primary studies may not be reported in systematic reviews containing these studies, there is a risk for incomplete relevant data. In fact, in this research abstracts of primary studies were reviewed to collect accurate data on study designs and trend.

This overview also presents very diverse populations, interventions, and outcomes. In particular, the heterogeneity in outcomes within and across interventions did not enable to present trends per outcome.

Most systematic reviews were not exclusive to community pharmacy. In fact, most addressed a specific health condition or intervention in different settings, including community pharmacy. This may explain the reason for these reviews not including some pharmacy services, albeit existing studies in the literature but probably not included in these reviews.

Most systematic reviews did not restrict to community pharmacy nor to Europe, allowing for different settings and geographies. We tried to overcome this issue by selecting primary studies of systematic reviews performed in community pharmacy in Europe. We could have restricted systematic reviews to the community pharmacy setting only. However, this would also result in a narrower selection which could have excluded relevant primary studies and interventions.



We found some conflicting evidence or relevant missing data across retrieved systematic reviews containing the same primary studies. We tried to address this issue by reviewing abstracts of primary studies where conflicting evidence or missing data existed. This was in attempt to present more accurate results.

This overview did not include grey literature due to time constraints. Hence, we may have missed additional relevant evidence on pharmacy services and, especially, on pharmacy interventions on COVID-19.

### 4.3. Implications for research

There is room for improvement in future research to fill in some gaps and provide additional evidence.

While mapping of current practices of pharmacy services reflects data from 32 countries in Europe, our overview derived evidence from systematic reviews that included primary studies conducted only in just 15 countries.

This is relevant because there is an efficacy-effectiveness gap around certain pharmacy services, with a substantial amount of efficacy studies available for certain established interventions but fewer studies performed in different jurisdictions to assess the effectiveness in different real-world health systems, pharmacy settings, pharmacists and staff, and populations.

The gap between practices and research on pharmacy interventions on COVID-19 is wider although it will reduce, as more research gets published.

Further research is required for recent interventions, such as first time dispensing in selected therapies, integrated care pathways with primary care, medication reconciliation at patient discharge, common / minor ailments, as these interventions help to move forward integrated care and improve patient outcomes.

We recommend researchers adopt EPOC study designs in future evaluations; defining standard sets of outcomes per intervention valid yet feasible to collect



through pharmacies; addressing equity issues by assessing the impact of pharmacy services on vulnerable patient subgroups; and including experimental remuneration of pharmacies in research studies.

Finally, although economic evaluations of pharmacy services are more recent in Europe there is already some evidence on the cost-effectiveness and cost-utility of certain services. There is also room for improvement, but methods and designs have improved substantially in the last 5 years, supporting reimbursement decisions for health care payers, as this is highly relevant for policymaking

## 4.4. Implications for policy and practice

Practice tends to preceed research and moves forward at a much faster pace. So is the case with pharmacy services and pharmacy interventions on COVID-19. Current practices portray a wide spectrum of interventions, some of them reimbursed or, in the case of pandemic, with expanded powers granted or legislation changes in response to the needs arising from the course of events.

In recent years, profound changes in pharmacy remuneration systems have happened several European countries. The major component remunerates for dispensing, acknowledging the core role of pharmacies for providing equitable, safe, quality access, and pre-financing of medicines and other health products on behalf of payers at the point of delivery. Other components include efficiency and/or quality incentives. In recent years, some pharmacy services have been reimbursed by payers acknowledging newer roles of pharmacies in health promotion, screening, disease management, and case management.

Implications for policy and practice may include: targeting interventions with high potential to add value to society; standardizing population, intervention and outcomes to reduce heterogeneity; developing digital-driven communication between pharmacies and other providers in interventions with referral or integrated care pathways; considering joint research efforts in countries interested



in building evidence around a particular intervention seeking to pursue a more combined strategy while taking into account country specifics; reflecting on possible payment models remunerating for value-added patient care services beyond dispensing linked to outcomes.

Finally, pharmacies have been able to implement a wide array of interventions on COVID-19, some of them beyond dispensing and which may have contributed to alleviate the burden on other health care services and provide valuable support to patients. Expanded powers granted and legislation passed acknowledge that contribution, which could be extended to other countries and pave the way to explore further roles in vaccine administration (when it becomes available), point-of-care antigen-based test screening and referral, and referral pathways of exposed patients to antibody testing for immunity assessment against COVID-19.

Lessons learned from pharmacies' involvement in response to this pandemic crisis should also raise questions on the relevance of involving this network of health care providers in future country preparedness plans for public health emergencies.

### 4.5. Final remarks

This research is, to our best knowledge, the first using a comprehensive mixed methods approach combining mapping of current practices of pharmacy services and interventions on COVID-19 in 32 countries in Europe with review of published evidence, hence providing a near accurate portrayal of current practices, trends and evidence of pharmacy services in Europe.

We hope it may assist in improving the design, implementation, and research on pharmacy services, and in raising relevant policy questions. This could drive valuebased health care that make the best use of community pharmacies.



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## **APPENDICES**

- **Appendix 1** Country Survey Part 1: Pharmacy Services
- **Appendix 2** Glossary of Pharmacy Services
- Appendix 3 Search strategy
- **Appendix 4** Country Survey Part 2: Pharmacy Interventions on COVID-19



## **Appendix 1 – Country Survey Part 1: Pharmacy Services**

The Institute for Evidence-Based Health (ISBE) is conducting research for the Pharmaceutical Group c the European Union (PGEU) which aims at synthesizing evidence and trends regarding pharmac services in Europe. The purpose of this survey is to collect data for this study. The results will be mad public in due course. We kindly request you to complete the following survey as accurate as you can.

#### Country:

| Cou | <u> </u>   |   |   | -  |   |                                    |   |   |     |
|-----|--|---|---|--|---|------------------------------------|---|---|-----|
|     | PHARMACY SERVICES  | Provided in most<br>pharmacies under<br>contract, agreement,<br>legislation, or<br>regulation (Y/N)<br>If Y please indicate<br>National / Regional /<br>Local<br>If Y and available,<br>please provide name<br>and link to document | Provided in<br>some<br>pharmacies<br>as a pilot<br>(Y/N)<br>If Y and<br>available,<br>please provide<br>link to<br>document | Remunerated<br>by<br>Government<br>/Payer<br>(Y/N/In some<br>cases)<br>If Y and<br>available,<br>please provide<br>latest fees and<br>currency | Provided<br>individuall<br>y by some<br>pharmacie<br>s<br>(Y/N) | Regulatory<br>limitations<br>(Y/N) | Description of<br>Intervention<br>(Name, frequency,<br>duration, disease or<br>condition, medicines,<br>target population)<br>If available, please<br>provide link to<br>document or<br>reference | Other<br>data<br>sources<br>Please<br>provide<br>link or<br>reference | OBS |
| DIS | PENSING SERVICES   |   |   | 1  |   | 1                                  |   |   |     |
| 1   | Night services   |   |   |  |   |                                    |   |   |     |
| 2   | Emergency supply<br>of prescription-<br>only medicines<br>without<br>prescription (e.g.<br>adrenaline, salbutamol) |   |   |  |   |                                    |   |   |     |
| 3   | Urgent supply of<br>prescription-only<br>medicines without<br>prescription (e.g.<br>patient on holiday)            |   |   |  |   |                                    |   |   |     |
| 4   | Repeat dispensing<br>(chronic long-term<br>medications)  |   |   |  |   |                                    |   |   |     |
| 5   | Generic<br>Substitution  |   |   |  |   |                                    |   |   |     |
| 6   | Refusal to<br>dispense due to<br>safety reasons  |   |   |  |   |                                    |   |   |     |
| 7   | Home delivery  |   |   |  |   |                                    |   |   |     |
| 8   | Other  |   |   |  |   |                                    |   |   |     |
| HEA | LTH PROMOTION SE   | RVICES  |   |  |   | 1                                  |   |   |     |
| 9   | Handling and<br>Disposal of<br>Expired or<br>Unwanted<br>Medicines   |   |   |  |   |                                    |   |   |     |
| 10  | Needle/Syringe<br>Exchange   |   |   |  |   |                                    |   |   |     |
| 11  | Pharmacy Travel<br>Health  |   |   |  |   |                                    |   |   |     |
| 12  | Pharmacist-<br>delivered<br>vaccination (e.g. Flu)   |   |   |  |   |                                    |   |   |     |
| 13  | Weight<br>Management   |   |   |  |   |                                    |   |   |     |
| 14  | Smoking Cessation  |   |   |  |   |                                    |   |   |     |
| 15  | Health education   |   |   |  |   |                                    |   |   |     |
| 16  | Other  |   |   |  |   |                                    |   |   |     |





# Appendix 1 – Country Survey Part 1: Pharmacy Services (cont.)

|     |   | 1   |   | 1  |   | 1                                  | 1   |   |     |
|-----|---|---|---|--|---|------------------------------------|---|---|-----|
|     | PHARMACY SERVICES   | Provided in most<br>pharmacies under<br>contract, agreement,<br>legislation, or<br>regulation (V/N)<br>If Y please indicate<br>National / Regional /<br>Local<br>If Y and available,<br>please provide name<br>and link to document | Provided in<br>some<br>pharmacies<br>as a pilot<br>(Y/N)<br>If Y and<br>available,<br>please provide<br>link to<br>document | Remunerated<br>by<br>Government<br>/Payer<br>(Y/N/In some<br>cases)<br>If Y and<br>available,<br>please provide<br>latest fees and<br>currency | Provided<br>individuall<br>y by some<br>pharmacie<br>s<br>(Y/N) | Regulatory<br>limitations<br>(Y/N) | Description of<br>Intervention<br>(Name, frequency,<br>duration, disease or<br>condition, medicines,<br>target population)<br>If available, please<br>provide link to<br>document or<br>reference | Other<br>data<br>sources<br>Please<br>provide<br>link or<br>reference | OBS |
| SCR | EENING AND REFER  | RAL SERVICES  |   |  |   |                                    |   |   |     |
|     | Common Ailment  |   |   |  |   |                                    |   |   |     |
| 17  | Management<br>Schemes (e.g Strep-<br>A, UTI / Cystitis)   |   |   |  |   |                                    |   |   |     |
|     | Screening   |   |   |  |   |                                    |   |   |     |
| 18  | individuals at-risk<br>not on medication<br>(e.g. for diabetes,<br>hypertension, lipid<br>disorder, HIV, Hep B, Hep   |   |   |  |   |                                    |   |   |     |
| 19  | C, colon cancer)<br>Predictive<br>medicine (e.g. genetic  |   |   |  |   |                                    |   |   |     |
| 20  | risk)<br>Pharmacovigilance<br>for medicines<br>under additional<br>monitoring (e.g.<br>screening questions for<br>black triangle medicines)   |   |   |  |   |                                    |   |   |     |
| 21  | Scheduling visits /<br>exams, delivery of<br>reports  |   |   |  |   |                                    |   |   |     |
| 22  | Referral to other<br>healthcare<br>providers (e.g. nurses<br>and nutritionists)   |   |   |  |   |                                    |   |   |     |
| 23  | Other   |   |   |  |   |                                    |   |   |     |
|     | EASE MANAGEMENT   | SERVICES  |   | 1  | 1   | 1                                  |   |   |     |
|     | Administering   |   |   | 1  |   | 1                                  | 1   |   |     |
| 24  | injectable<br>medicines (e.g.<br>antibiotics)   |   |   |  |   |                                    |   |   |     |
| 25  | Directly observed<br>treatment/<br>Supervised<br>Consumption of<br>Medicines  |   |   |  |   |                                    |   |   |     |
| 26  | First time<br>dispensing<br>intervention (e.g<br>New Medicines Service)   |   |   |  |   |                                    |   |   |     |
| 27  | Instruction on use<br>of therapeutic,<br>self-monitoring<br>device or medical<br>aid (e.g. stoma<br>appliance, inhaler, insulin<br>device, self-monitoring<br>blood glucose)<br>Therapeutic |   |   |  |   |                                    |   |   |     |
|     | adherence support   |   |   |  |   |                                    |   |   |     |





# Appendix 1 – Country Survey Part 1: Pharmacy Services (cont.)

|     | PHARMACY SERVICES  | Provided in most<br>pharmacies under<br>contract, agreement,<br>legislation, or<br>regulation (Y/N)<br>If Y please indicate<br>National / Regional /<br>Local<br>If Y and available,<br>please provide name<br>and link to document | Provided in<br>some<br>pharmacies<br>as a pilot<br>(Y/N)<br>If Y and<br>available,<br>please provide<br>link to<br>document | Remunerated<br>by<br>Government<br>/Payer<br>(Y/N/In some<br>cases)<br>If Y and<br>available,<br>please provide<br>latest fees and<br>currency | Provided<br>individuall<br>y by some<br>pharmacie<br>s<br>(Y/N) | Regulatory<br>limitations<br>(Y/N) | Description of<br>Intervention<br>(Name, frequency,<br>duration, disease or<br>condition, medicines,<br>target population)<br>If available, please<br>provide link to<br>document or<br>reference | Other<br>data<br>sources<br>Please<br>provide<br>link or<br>reference | OBS |
|-----|--|---|---|--|---|------------------------------------|---|---|-----|
| 29  | Teleconsultations<br>by pharmacists  |   |   |  |   |                                    |   |   |     |
|     | Chronic disease  |   |   |  |   |                                    |   |   |     |
| 30  | hypertension,<br>hyperlipidemia, diabetes,<br>asthma, COPD, NOAC)                                    |   |   |  |   |                                    |   |   |     |
| 31  | Other  |   |   |  |   |                                    |   |   |     |
| IND | IVIDUAL CASE MAN   | AGEMENT SERVIC  | ES  |  |   |                                    |   | •   |     |
| 32  | Dose<br>Administration Aid   |   |   |  |   |                                    |   |   |     |
| 33  | Medication Review  |   |   |  |   |                                    |   |   |     |
| 34  | Home or Nursing<br>Home Medication   |   |   |  |   |                                    |   |   |     |
|     | Review<br>Medication   |   |   |  |   |                                    |   |   |     |
| 35  | Reconciliation   |   |   |  |   |                                    |   |   |     |
| 36  | Therapeutic<br>Substitution  |   |   |  |   |                                    |   |   |     |
| 37  | Deprescribing (e.g<br>benzodiazepines,<br>antidepressants)   |   |   |  |   |                                    |   |   |     |
| 38  | Integrated care<br>pathways /<br>protocols or<br>Quality Circles in<br>place with primary            |   |   |  |   |                                    |   |   |     |
|     | care<br>High-Cost Therapy  |   |   |  |   |                                    |   |   |     |
| 39  | Dispensing and<br>Management (e.g.<br>Oncology, HIV,<br>Rheumatoid Arthritis,<br>Multiple Sclerosis) |   |   |  |   |                                    |   |   |     |
| 40  | Drug dose titration<br>(e.g. Insulin)  |   |   |  |   |                                    |   |   |     |
| 41  | Galenic<br>formulation   |   |   |  |   |                                    |   |   |     |
| 42  | Other  |   |   |  |   |                                    |   |   |     |
|     | VICES BASED ON HE  | ALTH TECHNOLOG  | ASSESSME  | NT (HTA)   | ·   | l                                  | 1   | I   |     |
| JER | Data collection on   |   | , 400200M   |  |   | 1                                  |   |   |     |
| 43  | the effectiveness<br>of new medicines  |   |   |  |   |                                    |   |   |     |
| 44  | Other  |   |   |  |   |                                    |   |   |     |

UTI: Urinary Tract Infection; Hep: Hepatitis; COPD: Chronic Obstructive Pulmonary Disease; NOAC: New Oral Anticoagulants; OBS: Observations

#### THANK YOU

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# **Appendix 2 – Glossary of Pharmacy Services**

| Pharmacy Service  | Synonyms  | Description  |
|---|---|--|
| DISPENSING SERVICES   | ·   |  |
| Night services  |   | Night Services are on-call or extended opening services that increase the accessibility to community pharmacies.   |
| Emergency Supply of Prescription-only<br>Medicines without Prescription |   | Supply of a prescription medication in an emergency/lifesaving situation (e.g. adrenaline; salbutamol).  |
| Urgent Supply of Prescription-only<br>Medicines without Prescription    |   | Supply of a prescription medication upon request from a patient previously prescribed it, in an urgent situation, without a prescription, to avoid discontinuation of therapy. E.g. patient on holiday; ran out of medicine and cannot obtain a prescription.  |
| Repeat Dispensing (chronic long-term medications)                       | Continued Dispensing<br>Medication Continuance                | System/service whereby repeat issues of prescriptions (e.g. for medications for chronic diseases) are managed (held) by the pharmacy and dispensed when required/due to the patient without needing to request a prescription from the physician; the pharmacy holds future issues of the prescription in the pharmacy which are pre-authorised by the prescriber for a set duration (e.g. 3, 6 or 12 months). |
| Generic Substitution  |   | The practice of exchanging at pharmacy level one medicine instead of another with the same active substance,<br>strength and pharmaceutical from another manufacturer, without consulting the prescriber.  |
| Refusal to dispense due safety reasons                                  | Refusal to fill<br>Non-dispensing (fee)                       | In dispensing a prescription, a pharmacist has to exercise an independent judgement to ensure the medicine is safe<br>and appropriate for the patient; at all times the dispensing of a prescription or any other action taken by the<br>pharmacist, must be consistent with the safety of the patient; pharmacist can refuse to dispense the medicine due<br>to safety reasons.                               |
| Home delivery   |   | Delivering medicines and healthcare devices at patients' home  |
| HEALTH PROMOTION SERVICES   |   |  |
| Handling and Disposal of Expired or<br>Unwanted Medicines               | Pharmacy waste management                                     | Disposal of Medicines Waste includes safe disposal of expired or un-used medicines in pharmacy.  |
| Needle/Syringe Exchange   |   | Service where intravenous drug users can obtain clean injecting equipment, support and information. It is usually<br>complemented by support for self-care and referral to another health or social care professional if needed.   |
| Pharmacy Travel Health  | Travel Medicine   | Provide pre-travel counselling on individual risk; vaccines administration.  |
| Pharmacist-Delivered Vaccination  | Pharmacy-based vaccination<br>Pharmacy-delivered Immunization | Administration of the vaccine by a certified community pharmacist.   |
| Weight Management   | Weight control  | The service delivers a patient-centred, integrated weight management service to improve patients' health and<br>quality of life. The service provides psychological support and makes behavioural interventions, as well as<br>interventions to increase physical activity and improve diet. Where appropriate, pharmacological interventions may<br>also be provided.   |
| Smoking Cessation   |   | Performing counselling and select the most appropriate therapy (e.g. Nicotine Replacement Therapy) to help people give up smoking.   |
| Health education  |   | Providing patient counseling on health promotion, lifestyle modifications and disease prevention   |
| SCREENING AND REFERRAL SERVICES   |   |  |
| Common Ailment Management   | Minor Ailments Service (MAS)<br>Common Ailments Service       | Providing medicines and advice to patients with common health conditions which can be managed without visiting<br>a physician. It can include the option to prescribe over-the-counter (OTC) and/or prescription-only medicines by<br>the pharmacist, and referral to another health care professional if needed. It may or may not include point-of-care<br>testing (e.g. HIV, HBV, HCV, Strep A test).       |
| Screening Individuals At-Risk   |   | Performing a point-of-care test (e.g. blood glucose, blood pressure, total cholesterol) or a screening validated questionnaire, or both to identify individuals at risk of chronic disease and not on medication, provide counselling  |



# Appendix 2 – Glossary of Pharmacy Services (cont.)

|  |   | and/or referral to a physician or to another health care professional (e.g. nutritionist). E.g. for diabetes, hypertension, cardiovascular disease, asthma, COPD, colon cancer.  |
|--|---|--|
| Predictive Medicine  |   | Predictive medicine is a branch of medicine that aims to identify patients at genetic risk of developing a disease,<br>thereby enabling either prevention or early treatment of that disease. Either single or more commonly multiple tests<br>are used to identify markers of future predisposition to a disease.   |
| Pharmacovigilance for medicines under<br>additional monitoring   |   | In the European Union (EU), medicines that are being monitored particularly closely by regulatory authorities are<br>labelled with a black inverted triangle (▼) in the product information. These medicines are described as being under<br>'additional monitoring' and usually require a screening prior to dispensing. Additional monitoring aims to enhance<br>reporting of suspected adverse drug reactions for medicines for which the clinical evidence base is less well<br>developed. The main goals are to screen prior to dispensing and collect information as early as possible to inform<br>the safe and effective use of these medicines and their benefit-risk profile when used in everyday medical practice. |
| Scheduling visits and exams/delivery of<br>reports   |   | Complementary services provided on behalf of patients to schedule visits and exams in pharmacy or primary care<br>and provide patients with health reports.  |
| Referral to other healthcare providers   |   | Referring patient to other healthcare providers such as nurse or nutritionist.   |
| DISEASE MANAGEMENT SERVICES  |   |  |
| Administering Injectable Medicines   | Injection Authority   | Administration of an injectable medicine (e.g. antibiotics, anti-inflammatory drugs, adrenaline) by a certified community pharmacist.  |
| Directly Observed Treatment (DOT)  | Directly observed therapy<br>Supervised Consumption of<br>Medicines       | A method of drug administration in which the pharmacist observes as a person takes each dose of a medication to<br>ensure the person receives and takes all medications as prescribed and to monitor response to treatment. E.g.<br>Methadone, buprenorphine, antibiotics, medicines for the treatment of tuberculosis, HIV etc, others.   |
| First Time Dispensing Intervention   | New Medicines Service   | A structured, private consultation between a pharmacist and a patient starting a new medication focusing on<br>supporting adherence in the first months of treatment. It may or may not include SMS refill / adherence reminders<br>to patients.   |
| Instruction on use of therapeutic or self-<br>monitoring device or medical aid (e.g.<br>stoma appliance, inhaler, insulin device,<br>self-monitoring blood glucose (SMBG)) | Stoma Appliance / Stoma Service<br>Inhaler Technique<br>SMBG education    | A structured approach that involves teaching, demonstrating, and assessing the correct use of a device.  |
| Therapeutic adherence support  |   | Structured service/program to identify possible issues related to therapy adherence and provide solutions and motivation. It may or may not include SMS refill / adherence reminders to patients.  |
| Teleconsultations by pharmacists   |   | The possibility for pharmacists to consult and provide patients/public with advice by phone or online.   |
| Chronic disease management (e.g.<br>hypertension, hyperlipidemia, diabetes,<br>asthma, COPD, NOAC)   | Disease management  | A multi-component pharmacy intervention aiming to control symptoms and slow or stop chronic disease progression.<br>This can include the detection of early signs or changing in a patient's condition, medication monitoring, medication<br>review, adherence support and disease self-care support. It may or may not include SMS refill / adherence reminders<br>to patients. It may or may not include point-of-care measurements (e.g. blood glucose, blood pressure, total<br>cholesterol).  |
| INDIVIDUAL CASE MANAGEMENT SERV  | /ICES   |  |
| Dose Administration Aid (DAA)  | Pill-box<br>Blister pack<br>Preparation of personalized dosage<br>systems | A personalized dosage system or DAA is a device or packaging system for organizing doses of medicines according to the day of the week and time of the day that they need to be taken.   |
| Medication Review  | Medication Therapy Management<br>(MTM)<br>Medication Use Review (MUR)     | A structured evaluation of patient 's medicines with the aim of optimizing medicines use and improving health outcomes. This entails detecting drug related problems and recommending interventions. It may or may not include SMS refill / adherence reminders to patients.   |



# Appendix 2 – Glossary of Pharmacy Services (cont.)

|  | Polymedication management         |  |
|--|-----------------------------------|--|
|  | Medcheck                          |  |
|  | Medicines/Therapy/Medication      |  |
|  | optimization                      |  |
|  | Home Medicines Review             |  |
| Home or Nursing Home Medication Review     | Residential Medication Management | Medicines review performed at patients' homes or in nursing homes by a community pharmacist.                           |
|  | Reviews                           |  |
| Medication Reconciliation                  |                                   | The process of comparing the medications a patient is taking (and should be taking) with newly ordered medications     |
| Hedication Reconciliation                  |                                   | to resolve discrepancies or potential problems. E.g. After hospital discharge.   |
|  |                                   | The practice of exchanging at pharmacy level one medicine instead of another with a different active substance and     |
| Therapeutic Substitution                   |                                   | with the same therapeutic intent, in consultation with the prescriber and patient or in accordance with national/local |
|  |                                   | protocols.   |
| Deprescribing                              |                                   | Identifying, reducing, and withdrawing medication when the risks of the drug outweigh its clinical benefits (e.g       |
| Deprescribing                              |                                   | benzodiazepines, antidepressants, potentially inappropriate medicines in elderly).                                     |
| Integrated Care Pathways / protocols or    |                                   | Agreed structured pathways of care and interprofessional local meetings between pharmacists, general practitioners     |
| Quality Circles in place with primary care |                                   | (and sometimes primary care nurses) to identify and resolve potential medication and healthcare issues.                |
| High-Cost Therapy Dispensing and           | Dispensing specialty medicines    | Dispensing expensive high value medicines (e.g. biological or biosimilar medicines) to patients in the community       |
| Management                                 | Dispensing specialcy medicines    | pharmacy (e.g. Oncology, HIV, Rheumatoid Arthritis, Multiple Sclerosis).   |
|  |                                   | Process of adjusting the dose of a medication by pharmacist, usually with narrow therapeutic index, for the            |
| Drug-dose titration                        |                                   | maximum benefit of patient without adverse effects by increasing or decreasing slowly (e.g insulin, anticoagulants)    |
|  |                                   | under agreed protocol or patient directions from physician.  |
| Galenic formulation                        |                                   | Extemporaneous compounding medicines prepared at the pharmacy for an individual patient.                               |
| SERVICES BASED ON HEALTH TECHNOL           | OGY ASSESSMENT (HTA)              |  |
|  |                                   | Collecting and recording patient-level effectiveness metrics of new (recently launched) and innovative medicines       |
| Data collection on new medicines under     | Real-World monitoring of          | during dispensing (usually these are medicines under confidential contracts between Payer and Market Authorization     |
| conditional reimbursement                  | effectiveness (pharmacy-based)    | Holder which grants temporary reimbursement provided the company is able to demonstrate effectiveness in the           |
|  |                                   | real-world population within the first year(s) of launch under Health Technology Assessment procedures).               |



Appendix 3 – Search strategy

All searches performed until 5 August 2020.

### SEARCH #1

### Systematic reviews of pharmacy services

MEDLINE® (via PubMed®), CDSR, CRD (DARE+NHS EED+HTA), Google Scholar Filter applied for systematic reviews and meta-analysis for publication date = last 7 years or since 1 January 2013 until August 2020 (except for Google Scholar which used search since 1 January 2020).

("Systematic review" OR "meta-analysis") AND (pharmacy OR pharmacist) AND (intervention OR service OR services OR program OR programs OR programme OR programmes OR management) NOT hospital NOT clinic NOT ambulatory NOT inpatient

### SEARCH #2

### Individual studies of pharmacy interventions on COVID-19

MEDLINE® (via PubMed®), Google Scholar.

Search date since 1 January 2020 until August 2020.

(pharmacy OR pharmacist) AND ("COVID-19" OR "coronavirus" OR "SARS-CoV-2") NOT hospital NOT clinic NOT ambulatory NOT inpatient



### **Appendix 4 – Country Survey Part 2: Pharmacy Interventions on COVID-19**

The Institute for Evidence-Based Health (ISBE) is conducting research for the Pharmaceutical Group of the European Union (PGEU) which aims at synthesizing evidence and trends on pharmacy services in Europe. This research also includes a subset on recent pharmacy interventions on COVID-19 in Europe. The purpose of this section of the survey is to collect data for this subset. The results will be made public in due course. We kindly request you to complete the following survey as accurate as you can.

|      |  |  |   |  | -   |  |     |
|------|--|--|---|--|---|--|-----|
|      | PHARMACY INTERVENTIONS ON COVID-19   | Provided in<br>most<br>(≥80%)<br>pharmacies<br>(Y/N) | Expanded powers<br>granted to<br>pharmacists through<br>ammending<br>regulations (Y/N)<br>If Y, please provide link<br>or reference | Remunerated by<br>Government /<br>Payer (Y/N)<br>If Y and available<br>please provide fees<br>and currency | Extra legistation<br>passed by<br>pharmacy<br>regulators in<br>view of covid-19<br>(Y/N)<br>If Y, please provide<br>link or reference | Other data<br>sources<br>Please provide links<br>or references | OBS |
| PREV | /ENTION: Measures to reduce health risks of COVID-19                                   | pandemic*  |   |  |   |  |     |
| 1    | Patient information and education on preventive<br>measures                            |  |   |  |   |  |     |
| 2    | Protocols in place for disinfection of pharmacy surfaces                               |  |   |  |   |  |     |
| 3    | Use of disposable masks by pharmacy staff  |  |   |  |   |  |     |
| 4    | Use of other Personal Protective Equipment by pharmacy<br>staff                        |  |   |  |   |  |     |
| 5    | Queue management in pharmacy   |  |   |  |   |  |     |
| 6    | Floor marking inside pharmacy  |  |   |  |   |  |     |
| 7    | Restriction in pharmacy opening hours  |  |   |  |   |  |     |
| 8    | Barriers at counters in pharmacies   |  |   |  |   |  |     |
| 9    | Temporary suspension of patient care services  |  |   |  |   |  |     |
| PREF | AREDNESS: Measures to ensure timely and effective re                                   | esponses from t                                      | he healthcare system*   |  | 1   |  |     |
| 10   | Business continuity plan - for 1 <sup>st</sup> and 2 <sup>nd</sup> line pharmacy staff |  |   |  |   |  |     |
| 11   | Stock and supply of essential medicines (as defined in<br>your country)                |  |   |  |   |  |     |
| 12   | Stock and supply of hand sanitizers  |  |   |  |   |  |     |
| 13   | Stock and supply of protective masks   |  |   |  |   |  |     |
|      |  |  |   |  |   |  |     |

Country: \_\_\_\_\_





# Appendix 4 – Country Survey Part 2: Pharmacy Interventions on COVID-19 (cont.)

|      | PHARMACY INTERVENTIONS ON COVID-19   | Provided in<br>most<br>(≥80%)<br>pharmacies<br>(Y/N) | Expanded powers<br>granted to<br>pharmacists through<br>ammending<br>regulations (Y/N)<br>If Y, please provide link<br>or reference | Remunerated by<br>Government /<br>Payer (Y/N)<br>If Y and available<br>please provide fees<br>and currency | Extra legistation<br>passed by<br>pharmacy<br>regulators in<br>view of covid-19<br>(Y/N)<br>If Y, please provide<br>link or reference | Other data<br>sources<br>Please provide links<br>or references | OBS |
|------|--|--|---|--|---|--|-----|
| 14   | Quantity limits for patient for the supply of individual<br>medicines  |  |   |  |   |  |     |
| RESP | ONSE: Immediate actions in response to COVID-19 pa   | ndemic*  |   |  |   |  |     |
| 15   | Symptom-based referral pathways for suspected cases  |  |   |  |   |  |     |
| 16   | Point-of-care antigen test-based referral pathways for<br>suspected cases  |  |   |  |   |  |     |
| 17   | Increased demand / changes to repeat dispensing<br>(=prescription renewal of chronic medications)                |  |   |  |   |  |     |
| 18   | Emergency supply of medications (without prescription)   |  |   |  |   |  |     |
| 19   | Supply of those medicines, which are usually supplied in<br>the hospital setting (e.g. oncology, antiretroviral) |  |   |  |   |  |     |
| 20   | Increased demand / changes to home delivery of<br>medicines  |  |   |  |   |  |     |
| 21   | Hotline numbers for home delivery of medicines   |  |   |  |   |  |     |
| 22   | Dealing with the supply of medicines shortages   |  |   |  |   |  |     |
| 23   | Preparing alcohol-based hand sanitizer formulations  |  |   |  |   |  |     |
| 24   | Pharmacy telephone support to vulnerable patients<br>during isolation / lockdown                                 |  |   |  |   |  |     |
| 25   | Hotline numbers / protocol for pharmacies for reporting<br>on domestic violence during isolation / lockdown      |  |   |  |   |  |     |
| 26   | Temporary waived prescription copayments for<br>vulnerable patients  |  |   |  |   |  |     |
| 27   | Drive thru pharmacy services (initiated or increased)  |  |   |  |   |  |     |
| RECO | VERY: Measures to return to "normal" activities post-  | pandemic*  | ,   | •  |   |  |     |
| 28   | Reestablishing normal patient care services and stock levels   |  |   |  |   |  |     |
| 29   | Dealing with the new vulnerable patients due to<br>pandemic  |  |   |  |   |  |     |
|      |  |  |   |  |   |  |     |





# Appendix 4 – Country Survey Part 2: Pharmacy Interventions on COVID-19 (cont.)

| pharmacies     regulation (Y/N)     If Y and available     (Y/N)       (Y/N)     If Y, please provide link<br>or reference     If Y and available     (Y/N) | OBS |
|---|-----|
| 30         Referral pathways of exposed patients to antibody<br>testing for immunity assessment against COVID-19  |     |

| <b>31.</b> Were expanded powers granted to pharmacies to perform an <u>already existing</u> pharmacy service? Yes Please explain    | No   |
|---|------|
| 32. Were there any new pharmacy services initiated at Government's request or by amending regulation in country? Yes Please explain | _ No |
| 33. Were there any emergency temporary closures of pharmacies in country? Yes How many pharmacies? ( % on total)                    | No   |
| 34. Were there deaths of pharmacy staff due to COVID-19 in country? Yes How many deaths?  | No   |

THANK YOU

\* Classification and definition of pharmacy intervention categories on COVID-19 based on Cadogan CA, Hughes CM. On the frontline against COVID-19: Community pharmacists' contribution during a public health crisis. Res Soc Adm Pharm 2020; <a href="https://doi.org/10.1016/j.sapharm.2020.03.015">https://doi.org/10.1016/j.sapharm.2020.03.015</a> .

